



ANNUAL REPORT

2025

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TABLE OF CONTENTS



Introduction	3
Operational Highlights	4
Program & Project Reports	5
Challenges & Solutions	7
Future Plans and Goals	8
Conclusion	10
How You Can Help	11
Sakinah Medical Waqf Foundation	12
Donor Recognition & Acknowledgments	14



Introduction

Sakinah Medical Outreach (SMO) is pleased to present its Annual Report for the year 2025.

This report provides an overview of our activities throughout the year, highlighting the programs we implemented, the impact achieved, and the challenges we encountered. It also outlines our plans for the coming year.

We are proud to share our progress with our stakeholders and remain committed to improving access to healthcare and restoring hope to the communities we serve.

Operational Highlights

- **Medical Outreach Programs**

In collaboration with the Offa Descendants Union of North America (ODUNA), SMO conducted a free medical mission in Offa, Kwara State, from 13th – 17th January 2025. Over 3,000 beneficiaries received a wide range of essential health services, including screenings, treatments, and specialist care.



- **Surgical Intervention**

From 16th – 21st February 2025, SMO partnered with Medics Across Continents (MAC), UK, to deliver a specialized surgical outreach at the National Hospital, Abuja. A total of 94 beneficiaries were treated, with 160 surgical procedures performed across multiple specialties.



- **Individual Interventions**

SMO continued to provide financial support for individuals unable to afford critical medical treatment. Six (6) beneficiaries received assistance for surgeries and specialized care.



- **Health Education Sessions**

Preventive healthcare remained central to our work. SMO hosted virtual sensitization programs on “Optimal Nutrition for Ramadan: Eating Smart for Sustained Energy and Wellness”, “The Stroke Tsunami: Are Our Hospitals and Communities Prepared?”, “Hidden Dangers in Our Communities: The Rising Threat of Hypertension and Diabetes”, “Kidney Health: Prevention & Care”. These campaigns reached wide audiences through live sessions, recorded broadcasts, and social media platforms.



TOPIC
THE STROKE TSUNAMI:
**ARE OUR HOSPITALS AND
COMMUNITIES PREPARED?**

Speaker
Prof. Kolawole Wasiu Wahab
(MBBS, MPH, MSc, MD, FMCP, FANA, FAAN, FAHP)

Host
Rafiat Atanda

14 June 2025 | **10-11 AM**

<https://bit.ly/StrokeTsunami>
Alternatively

Projects and Program Reports

Between January and December 2025, Sakinah Medical Outreach (SMO) carried out a series of medical interventions that directly improved lives across Nigeria. These efforts covered community outreach, specialized surgical missions, individual medical interventions, and health education campaigns.

1. Community Medical Outreach – Offa, Kwara State

In collaboration with the Offa Descendants Union of North America (ODUNA), SMO conducted a large-scale medical outreach in Offa, Kwara State, from 13th – 17th January 2025.

Through this initiative, more than 3,000 beneficiaries accessed free healthcare services, including:

- General medical screening and treatment
- Eye tests, cataract surgeries, and prescription glasses
- Dental care and podiatry services
- Physiotherapy, chiropractic, and occupational therapy
- Cancer screening and laboratory investigations
- Other essential health services

This mission significantly improved access to healthcare for a population with otherwise limited medical resources, offering relief and renewed hope to thousands of residents.

2. Specialized Surgical Outreach – National Hospital, Abuja

From 16th – 21st February 2025, SMO partnered with Medics Across Continents (MAC), UK, to conduct an intensive surgical program at the National Hospital, Abuja.

Impact at a Glance:

- 94 patients treated
- 160 surgical procedures completed

Procedures performed included:

- Transurethral Resection of the Prostate (TURP)
- Laparoscopic Cholecystectomy
- Percutaneous Nephrolithotomy (PCNL)
- Urethroplasty
- Varicocelelectomy (laparoscopic and open)
- Endoscopic transsphenoidal pituitary surgery
- Herniorrhaphy and excision biopsies

This program represented a major milestone for SMO, broadening our reach and strengthening our reputation for delivering advanced, life-changing surgical care in collaboration with global partners.

Projects and Program Reports

3. Individual Medical Interventions

Beyond large-scale missions, SMO continued to respond to individual appeals from patients facing critical health challenges.

Between January and June 2025:

- 35 applications for medical assistance were received
- 11 cases were approved
- 7 beneficiaries received disbursements
- 4 approved cases remain pending

4. Health Education & Advocacy

In line with our focus on preventive healthcare, SMO conducted targeted advocacy and education campaigns during the year 2025.

Key Campaigns:

- Optimal Nutrition for Ramadan: Eating Smart for Sustained Energy and Wellness
- The Stroke Tsunami: Are Our Hospitals and Communities Prepared?
- Hidden Dangers in Our Communities: The Rising Threat of Hypertension and Diabetes
- Kidney Health: Prevention & Care

Channels Used:

- Google Meet virtual sessions
- Social media campaigns
- Recorded broadcasts shared with wider audiences

These programs reached diverse demographics, raising awareness, sparking dialogue, and empowering individuals with knowledge to make informed health decisions.



Projects and Program Reports

5. Community Engagement and Outreach

Beyond direct medical interventions, Sakinah Medical Outreach (SMO) invested in community engagement, visibility, and partnerships to strengthen its impact in 2025.

- **Media & Public Relations**

SMO was featured on multiple mainstream media platforms, including Guidance, Tribune, Punch, Daily Trust, VON, Radio Nigeria, and NTA. These appearances increased public awareness, strengthened credibility, and fostered greater trust in our mission.

- **Volunteer Engagement**

More than 100 volunteers participated across our programs. In addition, SMO successfully onboarded 20 new volunteers, including 10 medical professionals, further expanding our capacity to deliver specialized services.

- **Strategic Partnerships**

Collaboration with Medics Across Continents (MAC) was strengthened, laying the foundation for broader outreach and more advanced surgical programs.

This engagement reinforced SMO's role as a trusted healthcare partner while expanding the human and institutional resources necessary to deliver on our mandate.



Challenges and Solutions

- **Irregular Medical Supply Chains**

SMO deepened engagement with trusted suppliers, diversified procurement channels, and built stronger contingency planning to ensure steady access to essential medical resources.

- **Localized Funding Shortfalls**

Through targeted donor engagement, stronger collaboration with partner organizations, and renewed fundraising campaigns, SMO stabilized funding and secured resources to continue providing life-saving interventions



Looking Ahead (January – December 2026)

Our strategic priorities for the year ahead include:

- **Expanding Community Medical Outreach**

Expand outreach efforts to reach more underserved communities with essential healthcare services, including screenings, consultations, and health education.

- **Strengthening Post-Treatment Follow-Up Care**

strengthen follow-up care for surgical and medical beneficiaries to ensure continuity of treatment and improved recovery outcomes.

- **Deepening Strategic Healthcare Partnerships**

Deepen partnerships with hospitals and healthcare professionals to expand access to specialized care and widen our geographic reach.

- **Enhancing Resource Mobilization and Operational Support**

mobilize critical resources, including medical supplies, logistics, transportation, funding, and media support to sustain our programs.



Conclusion

The year 2025 has been a period of growth, resilience, and impact for Sakinah Medical Outreach (SMO). Through large-scale community medical missions, advanced surgical interventions, individual case support, and preventive health education, we have continued to bring quality healthcare to those who need it most.

These achievements were made possible by the generosity of our donors, the commitment of our partners, and the dedication of our team. Each contribution — financial, professional, or voluntary — has played a vital role in restoring health and hope to countless individuals and families.

As we look ahead to the year 2026, we're committed to expanding access to healthcare, strengthening partnerships, and continuing to touch lives across Nigeria.

We extend our heartfelt gratitude to everyone who has walked this journey with us and invite you to stay engaged as we work together to create lasting change.



How you can help

Donation Information: Help us create a new kind of medical aid organization! Your donation is the fuel that will keep the engine running and by supporting our work financially you are also investing in the Afterlife Bank. May God continue to purify our intentions and bless our efforts, Ameen.

Volunteer Opportunities: Whether you are an individual, a company, or a foundation, your gift helps us react more quickly to humanitarian and medical needs.



Contact us for further inquiries

Sakinah Medical Outreach

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Instagram: <https://instagram.com/sakinahNGO/>

Website: <https://sakinahoutreach.org>

SAKINAH MEDICAL WAQF FOUNDATION

At Sakinah Medical Outreach, our unwavering mission has always been to touch lives. However, as the demand for our services continues to grow, the resources we gather through Zakat during Ramadan and individual donations are no longer sufficient. These essential contributions, while immensely valuable, only allow us to treat a limited number of patients with severe conditions, leaving many more in urgent need of care.

To create a sustainable future for our organization and for those who rely on our services, we established the Sakinah Medical Waqf Foundation (SMWF) in 2018 to encourage Muslims to contribute to the well-being of their community while earning spiritual rewards.

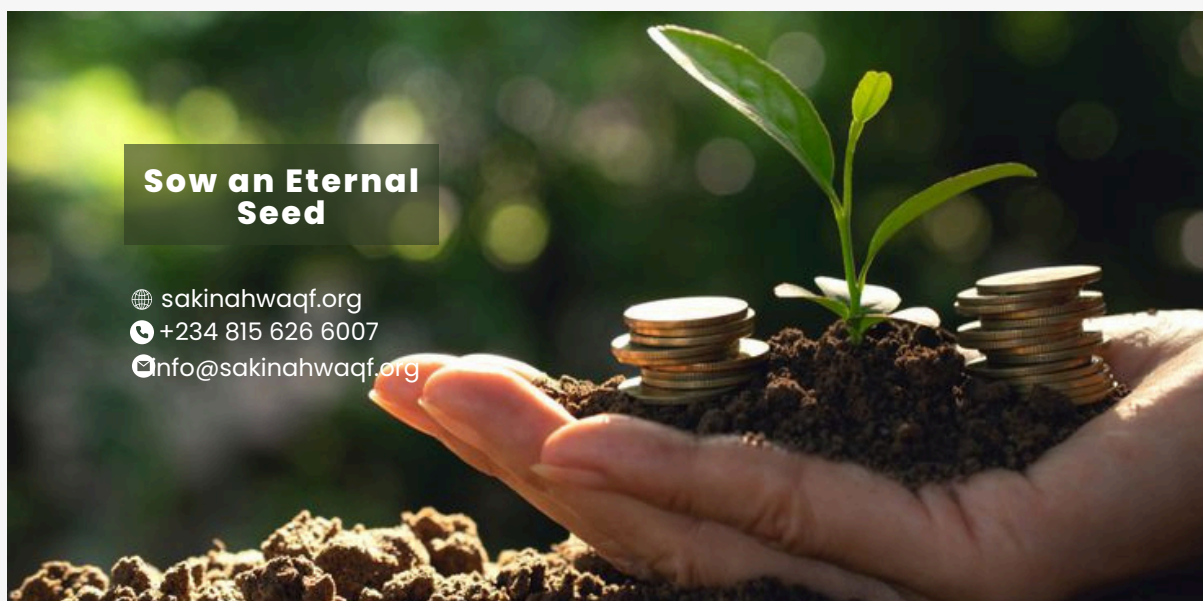
Designed and operated as a vital aspect of Islamic philanthropy, SMWF is more than a charity—it is an investment in the health and well-being of our community. By contributing to our Waqf, whether through monetary donations or real estate, you are helping to build a system that generates continuous income and benefits.

Join us in this noble cause. Your investment today will ensure that Sakinah Medical Outreach's future is secured and help save lives for generations to come. Be a part of this enduring legacy—contribute to the Sakinah Medical Waqf Foundation and make a difference that will last forever.

If you are interested in placing your investment under the Sakinah Waqf Foundation, please reach out to us at +234 815 626 6007. We look forward to partnering with you to make a lasting impact.

Website: <https://sakinahwaqf.org>

Email: info@sakinahwaqf.org



Sow an Eternal Seed

sakinahwaqf.org
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Donor Appreciation and Acknowledgement

We extend our heartfelt gratitude to all our donors, partners, and supporters whose generosity has powered our mission throughout the first half of 2025. Your contributions - whether financial, in-kind, or through service - have directly impacted the lives of individuals and families who would otherwise have had no access to care.

From individual sponsors of life-saving surgeries to organizations that partnered with us during outreach programs, your support makes healing possible.

We especially recognize:

- Our recurring donors for their consistent support
- Medical professionals who volunteer their time and expertise
- Partner organizations that believe in our cause
- All those who helped amplify our message online and offline

As we move forward, we remain committed to stewarding your trust and resources with transparency, efficiency, and compassion.

