



ANNUAL REPORT

2024

Providing access to free,
dignified, and quality
healthcare services to
indigent members of
Nigeria and beyond!

 www.sakinaoutreach.org

 info@sakinahoutreach.org





Table of Contents

- 1 **ABOUT US**
- 2 **KEY ACHIEVEMENTS**
- 3 **IMPACT STORIES**
- 4 **FINANCIAL OVERVIEW**
- 5 **CHALLENGES**
- 6 **FUTURE PLANS**
- 7 **ACKNOWLEDGMENTS**
- 8 **CONTACT INFORMATION**

ABOUT SAKINAH MEDICAL OUTREACH

Sakinah Medical Outreach (SMO) provides access to free, dignified, and quality healthcare services to indigent members across Nigeria and beyond. Our healthcare professionals and general volunteers serve all communities with compassion and care, paying particular attention to the needs of vulnerable and underserved groups.

In collaboration with qualified health centers like Crescent Hospital in Ilorin, the University of Ilorin Teaching Hospital, the Federal Medical Centre Abeokuta, and many more, other corporate partners, concerned donors, and qualified medical and non-medical volunteers have helped accomplish our mission of offering exceptional care to underserved populations.

SMO has also hosted free, periodic, large-scale medical outreach events in states across the Southwest and North Central regions. We look forward to expanding our reach in the future and providing general and complex surgical services, vision care services, support groups, quarterly health talks, and preventive health education.



VISION

To be the foremost humanitarian aid organization that gives hope to the hopeless through access to free, quality healthcare services.

MISSION

To provide access to free, dignified, and quality healthcare services to indigent members of society.



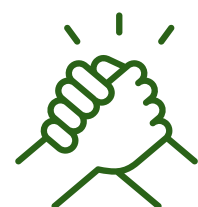
153M+ Naira Spent



2215 Surgeries Conducted



12,337 Beneficiaries



Supported by Donors & Volunteers

IMPACT

For the past 16 years, Sakinah Medical Outreach has raised and spent over **153 million naira** on general and individual surgical interventions, organized more than **2,000 successful surgical procedures**, and touched the lives of over **12,000 people** across Nigeria and beyond. All of this work is made possible by the generous financial and logistical contributions of our respectable donors, skilled medical and non-medical volunteers, and partnering non-profits around the globe.

PROGRAMS AND SERVICES



Unlike many charitable organizations, SMO spends 95% of its donated funds on designated projects. SMO does not use donor contributions for fundraising unless specifically stated.

Our Programs & Services are:

- Health Advocacy and Training
- Guidance and Counseling
- Community Medical Outreach
- Free Healthcare Services
- Second Opinion Service



Health Advocacy and Training

At Sakinah Medical Outreach, we are dedicated to raising awareness about critical health issues and promoting preventive measures to improve community health. Through workshops, seminars, and campaigns, we equip individuals and communities with the knowledge and tools needed to make informed decisions about their health. In 2024, aside from our weekly health tips on social media, we quickly responded to the outbreak of cholera in some parts of Nigeria, raising awareness to prevent its escalation.



Guidance and Counseling

We provide personalized guidance and counseling services to individuals and families facing health challenges. Our professional counselors offer emotional support, address health concerns, and guide patients toward appropriate care pathways, ensuring no one feels alone in their journey. We also support and follow up with our patients in their healing process, giving utmost attention to their feedback.



Community Medical Outreach

Through our community outreach programs, we bring essential medical services directly to underserved populations. These programs include free consultations, diagnostic services, and medical treatments and surgeries, ensuring healthcare access for those who need it most. In 2024, although we were unable to execute an outreach program, significant efforts were made to collaborate with Medics Across Continents (MAC), a UK-based charity organization, to conduct a life-saving mission in February 2025. This mission will address critical ailments such as urethroplasty for urethral stricture, TURP/TURBT, PCNL/RIRS, kidney stone surgery, laparoscopic surgery, diagnostic flexible cystoscopy, lipoma removal, circumcisions, and hernia repairs, in conjunction with local and international medical experts.



Free Healthcare Services

Our commitment to providing free healthcare services ensures that financial constraints do not prevent individuals from receiving the care they deserve. From surgeries to basic medical interventions, we strive to alleviate the burden of healthcare costs for vulnerable populations.



Second Opinion Service

Patients and families often seek clarity or alternative perspectives on medical diagnoses and treatments. Our Second Opinion Service offers expert medical reviews, helping patients make informed decisions with confidence and peace of mind instead of resorting to self-medication or advice from unqualified practitioners.

These programs and services reflect our mission to provide access to **free, dignified, and quality** healthcare solutions to improve the lives of those we serve.

ACHIEVEMENTS IN 2024

As we reflect on the past year, we are thrilled to share our 2024 achievements and milestones at Sakinah Medical Outreach (SMO). Amidst an ever-changing landscape, including the economic downturn that has led many Nigerians to prioritize personal survival over philanthropy, our dedicated donors remained committed, ensuring that our work continued uninterrupted.

Credibility, transparency, and resilience have been our guiding principles, allowing us to adapt to new methodologies and technologies. In the face of challenges, we found even more gratitude, strengthening our resolve to make a positive impact.



In 2024, we successfully attended to various medical needs by alleviating hospital bills and fully covering payments for those unable to afford treatment. Applications ranged from minor to major surgical procedures, all handled carefully.

We extend our deepest gratitude to all our supporters. Your unwavering generosity - whether through financial contributions, time, or encouragement - has made it possible to bring hope and healing to countless lives. Together, we look forward to another year of transformative impact and meaningful strides toward a healthier future for all.



QUARTERLY HEALTH TALK SERIES

In 2024, we launched the Quarterly Health Talk Series to provide communities with expert insights on critical health topics. Each session addresses pressing health challenges, including chronic disease management, preventive care, and societal concerns such as substance abuse. This initiative underscores our commitment to fostering a healthier and more informed community. Our distinguished resource persons, who are leaders in their respective fields, have played a pivotal role in equipping individuals with the knowledge needed to make informed health decisions. We conducted four health talk sessions in 2024.

INDIVIDUAL MEDICAL INTERVENTION

In the following pages, We are glad to share inspiring stories of the lives we've touched so far. These stories offer a glimpse into the knowledge, care, and resources that drive our ongoing efforts to empower patients and families worldwide, helping them lead healthier lives and build brighter futures.

Through direct support, we provided critical medical assistance to 8 individuals facing life-threatening conditions.

Fatimah Muhammad – 2024

Life often tests us in unimaginable ways, and sometimes, we fail to grasp the depth of someone else's struggles until their story unfolds. Fatimah Muhammad's story is one of unimaginable resilience, hope, and triumph.

A blind widow in her late 30s, Fatimah had endured more hardship than most can fathom. She lost her husband at a young age and decided to remain unmarried to focus solely on raising her only son, a teenager with dreams she was determined to support. But life dealt her yet another devastating blow—she lost her sight and began battling fibroids, a condition that plagued her for over 14 years.

For over a decade, Fatimah bore the pain and challenges silently, navigating life with no clear path to relief. Her story took a turn when she met one of our organizers at the University of Ilorin Teaching Hospital. Recognizing the urgency of her case, she was referred to Sakinah Medical Outreach.

With the unwavering support of our donors, Fatimah underwent a successful surgery. Today, her recovery journey is nothing short of miraculous. She is regaining her strength, and for the first time in years, she can look forward to a life free from pain and filled with hope—not just for herself but for her son as well.

Fatimah's story reminds us why we do what we do. It is a testament to the power of community, compassion, and the transformative impact of every contribution made toward helping the vulnerable among us.

To all who made this possible, thank you for giving Fatimah and her son a second chance at life. Together, we continue to bring light into the darkest moments.

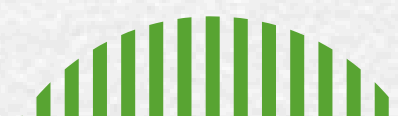
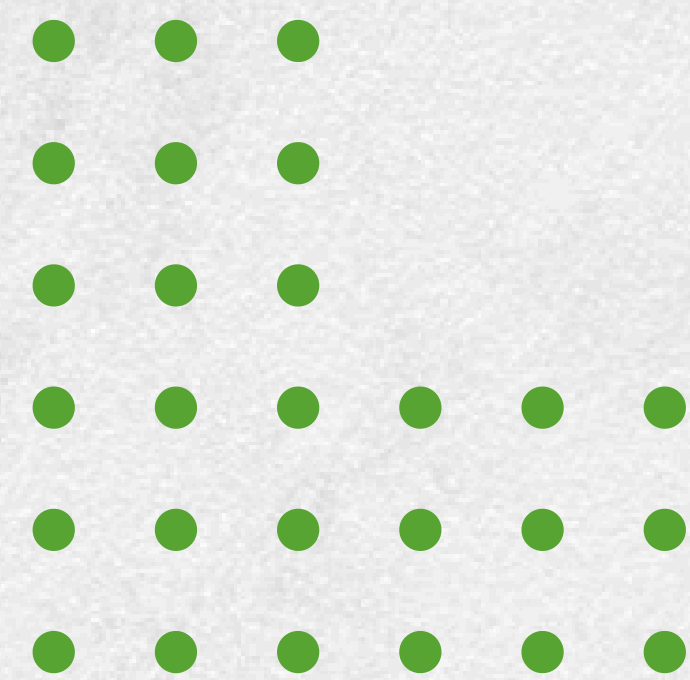
Fatimah's story is one out of all

Fawaz Afolabi

Fawaz Afolabi, a 4-year-old boy from Ibadan, Oyo State, received timely treatment for Haemangioma of the Upper Lip through our intervention program. Today, he is healthy and can play freely with his friends without fear of humiliation.



Fawaz Afolabi



Your Impact at Ahmadu Bello University Teaching Hospital (ABUTH)

In December 2024, our intervention efforts extended to Ahmadu Bello University Teaching Hospital (ABUTH), Zaria, where we provided medical assistance to at least 29 patients who were unable to cover their medical expenses and were stranded at the hospital. With no other means of support, these patients had lost hope - until your generous donations restored it, enabling them to reunite with their families.



Dahiru Usman

Diagnosis: Multiple Skin Ulcers



Alawiyah Muh'd

Diagnosis: Necrotising Fasciatis



Tasiu Yusuf

Diagnosis: Wound Dehiscence





Usman Ibrahim

Diag.: Gangrene 2^o RTA



Munkaila shuaibu

Diagnosis: Wound Dehiscence



Aliyu Balarabe

Diagnosis: Wound Dehiscence



Sadisu Abdullah

Diagnosis: Lft LL Fracture





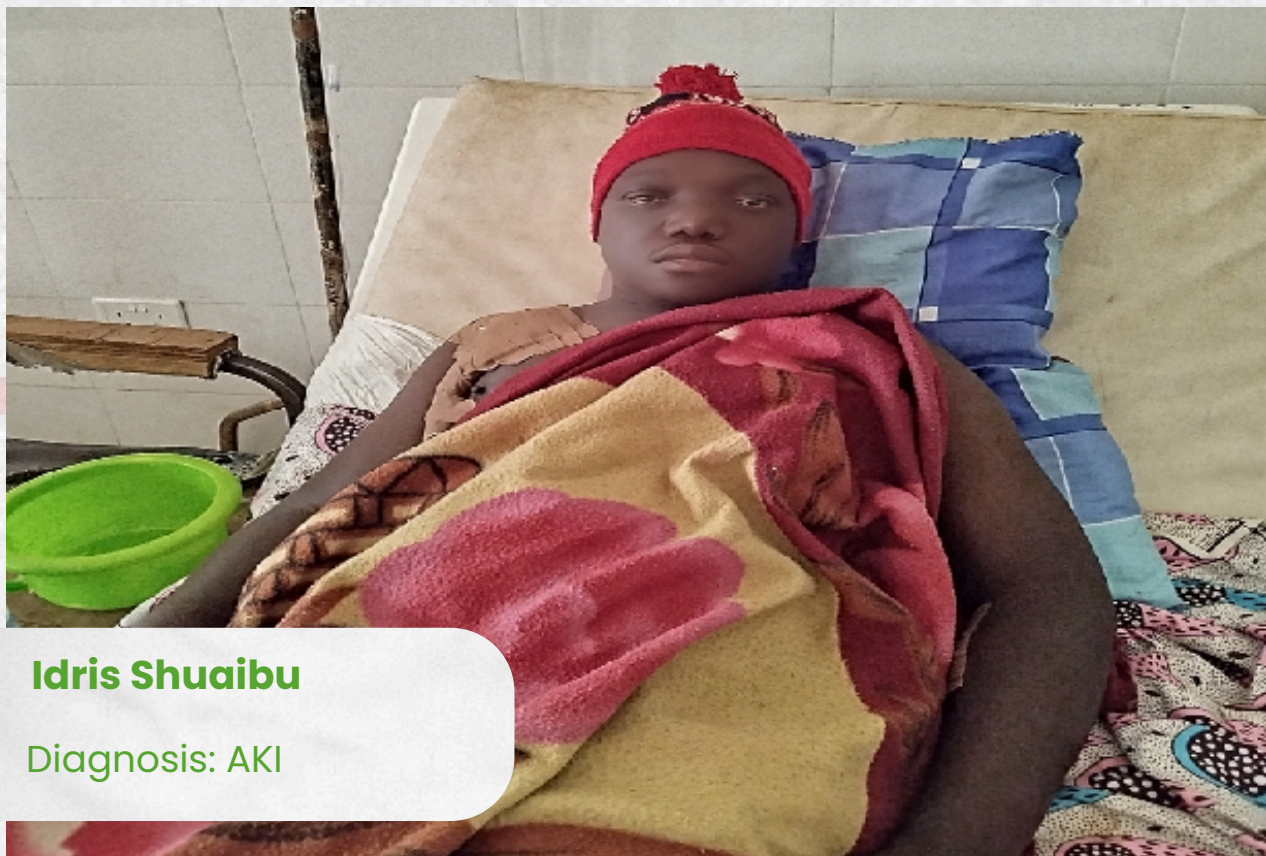
Hajara Abdulqadir

Diagnosis: Sepsis to R/O Stroke



Dauda Gaddafi

Diagnosis : CKD



Idris Shuaibu

Diagnosis: AKI



Sani Hussaini

Diagnosis: CKD





Tajuddeen Misbahu

Diagnosis: DBT



Dauda Gaddafi

Diagnosis : CKD



Tanko Hussaini

Diagnosis: PTB



Hussaini Imrana

Diagnosis: SCD Crises





Zubaida Ya'u

Diagnosis: PPCM



Adamu Zainab

Diagnosis : DM +



Najaatu Mikailu

Diagnosis: CKD



Aisha Abubakar

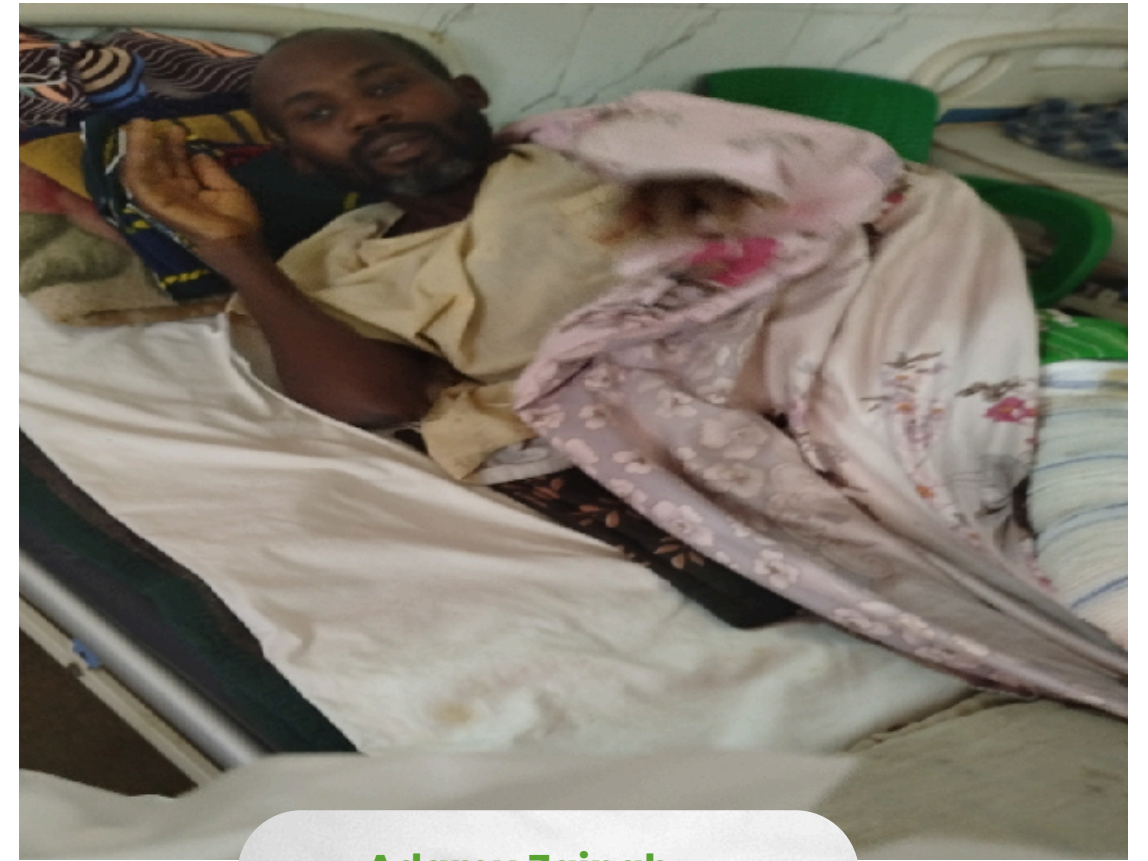
Diagnosis: Stroke





Muhammad Ismai'l

Diagnosis: Cord



Adamu Zainab

Diagnosis : Multiple Skin Ulcers



Muhammad yusuf



Musa Hayatu

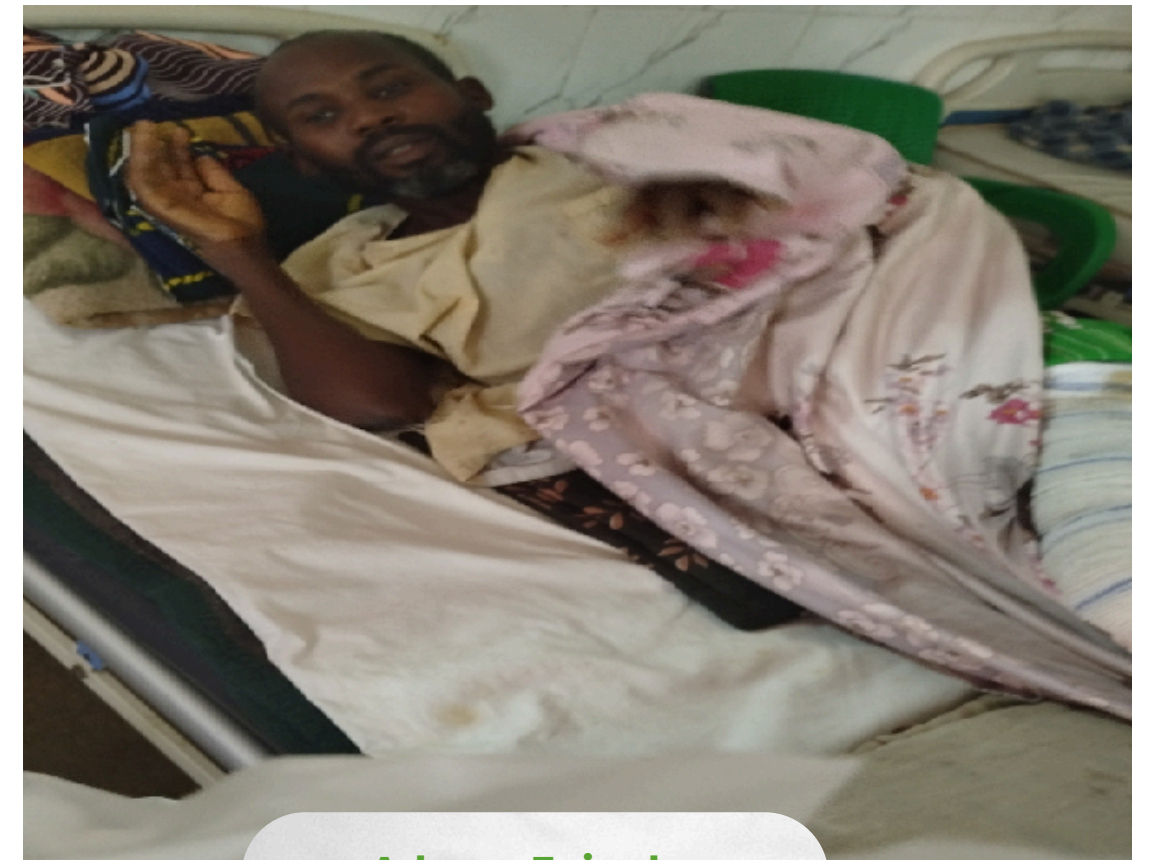
Diagnosis: Vericouse
Vein of the LL





Hassan Muhsin

Diagnosis: Acute Abd. 2^o to Typhoid



Adamu Zainab

Diagnosis : Multiple Skin Ulcers



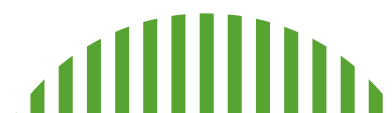
Oluyori Dupe

Diagnosis: Cervical Cancer



Aisha Khalid

Diagnosis: Severe Pneumonia with Cellulitis





Amina Salisu

Diagnosis: Septic Arthritis



Aminu Ismai'l

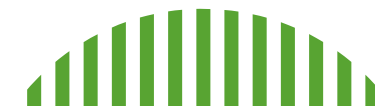
Diagnosis: Rt Foot Ulcer

TOTAL APPROVED CASES

Approved Individual - 8

ABUTH Patient Interventions - 29

Total - 37



Name	Ailment	Treatment Type	Amount Spent
Lawal Aliyu	Brain Tumour	Second stage surgery for completion of resection	1,500,000.00
ABUTH 29 beneficiaries			1,427,500.00
Aolat Yakub	Ectopic Pregnancy	Surgery	250,000.00
Alimot Idris	Mouth ulcer	Drugs	29,200.00
Mrs. Risikat Soliu	Type II Mandibular Ameloblastoma	Surgery and Drugs	1,057,275.00
Balogun Abdul-lateef	Sickle cell patient	surgery	150,000.00
Fatimah Muhammad	Fibroid	Surgery	400,000.00
Fawaz Afolabi	Haemangioma of the Upper Lip	Surgery	251,480.00
Mr. Mansuur Badmus	Hernia	Minor surgery	150,000.00
		Total	5,215,455

Challenges

Funding Gaps

Sakinah Medical Outreach has, over the years, relied on funds raised during our annual Ramadan campaign—primarily through Zakat and voluntary contributions - to sustain our operations. However, as our impact deepens and our reach expands, the resources we generate have become insufficient to meet the growing demands of our programs. To continue serving the most vulnerable and scaling our interventions, we urgently need sustainable funding solutions.

Future Plans

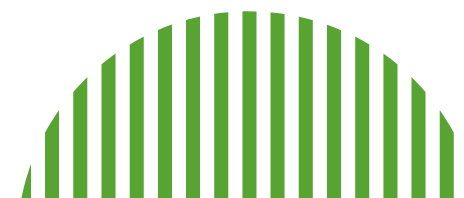
- **Expanding Access to Healthcare:** Broadening our services to reach more underserved communities across Nigeria.
- **Deepening Community Engagement:** Strengthening partnerships and fostering greater collaboration to enhance community-driven solutions.
- **Sustaining Impact through Sakinah Waqf:** Fully operationalizing the Sakinah Waqf as a long-term financial mechanism to ensure the sustainability of our programs.

Acknowledgments

Our deepest gratitude goes to:

- Our donors and partners, whose generosity fuels our mission.
- Our dedicated volunteers, who embody the spirit of service and compassion.
- Our committed staff, whose relentless efforts make our work possible.
- Our beneficiaries, whose trust and resilience inspire us to keep pushing boundaries.

May we continue to be instruments of hope, healing, and transformation.



Contact Information

Address: 4, Wilmer Street, Awosika Bus Stop, Isheri-
Berger, Lagos State

Website: www.sakinahoutreach.org

Email: info@sakinahoutreach.org

Phone: +234 909 725 4624

  Sakinah Medical Outreach

   @sakinahngo