

## ANNUAL REPORT 2023



Together, We Are Touching Lives



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## INTRODUCTION

Over the years, Nigeria's healthcare system has witnessed a significant decline, leaving millions of Nigerians without access to basic healthcare services. The deterioration in the health sector is a multifaceted issue exacerbated by insufficient government funding, inadequate infrastructure, brain drain, corruption, and a shortage of skilled human resources. These factors have collectively contributed to a decrease in the quality of healthcare services, resulting in heightened morbidity and mortality rates, particularly among vulnerable populations. This introduction aims to provide a concise overview of the challenges facing Nigeria's healthcare sector, highlighting the primary factors responsible for its decline and the resultant impact on the nation's healthcare system.

Several charitable organizations have actively supported Nigeria's health sector, tirelessly working to enhance the country's healthcare system. For instance, Sakinah Medical Outreach, in collaboration with various stakeholders, including the Nigerian government, has orchestrated medical intervention programs to bolster health systems and enhance healthcare service quality. Additionally, we have conducted health education campaigns, community outreach initiatives, and advocacy endeavors to raise awareness about the significance of healthcare and promote healthy behaviors.

Overall, our organization's efforts have played a pivotal role in enhancing Nigeria's health sector, facilitating increased access to quality healthcare services for more Nigerians and fostering healthier lifestyles.

## OUR COMMUNITY MEDICAL OUTREACH.

Our community medical outreach programs have played a significant role in improving healthcare delivery in Nigeria, particularly in underserved and remote communities, by providing healthcare services, including health education, screening, and treatment for common illnesses. Through these outreach programs, we have reached out to communities that may not have access to healthcare facilities, thereby improving access to care and reducing health disparities. Additionally, the outreach programs have provided an opportunity for health workers to engage with the community, build trust, and promote healthy behaviors.

#### **KWARA SOUTH MEDICAL INTERVENTION**

The Kwara South Medical Intervention Program, organized by Sakinah Medical Outreach in collaboration with the sponsor, Prof. Wale Sulaiman (CON), made a significant impact on the lives of people in Kwara South and contributed to substantial progress in the first half of the year. We successfully conducted outreach programs in 10 towns in Kwara South, including Shaare, Omu Aran, Osi, Offa, Erinle, Igbaja, Ilofa, Owu-Isin, Gonmo, and Ajase-Ipo, Kwara State. A total of 3,968 individuals received general medical check-ups, 1,959 individuals underwent eye screenings, and 1,385 individuals received eye drops and 902 pairs of glasses, improving their visual health. Additionally, 809 cases of cataracts were identified, and 103 successful cataract surgeries were performed. All beneficiaries were positively impacted, enhancing their health and well-being.



#### KSANG (2023)

In September 2023, Sakinah Medical Outreach partnered with KSANG in collaboration with the Kwara State Government for a surgical intervention titled SAKINAH-KSANG-KWST SURGICAL INTERVENTION 2023. Our local experts in the following fields were mobilized for this surgical mission:; Anesthesiologists, General surgeons, Pediatric surgeons, Urologists, Orthopedic surgeons, Ophthalmologists, Neurosurgeons, ENT surgeons, Resident doctors and medical officers, Perioperative nurses, Pharmacists, Ophthalmic Nurses, Clinical nurses, Administrative staff. Our achievement records are shown below:

S/N	Procedure	Paediatic	Adult	Total
1.	Herniorhaphy	-	30	30
2.	Herniotomy	28	-	28
3.	Excision Biopsy (Keloid & Miscellaneous lesion		13	13
4.	Breast lump excision	1	9	10
5.	Excision of Lipoma	-	7	7
6.	Orchidopexy	5	1	6
7.	Umbilical hernia repair	3	1	4
8.	Circumcision	3		3
9.	Cataract and other eye disorders			79
Total				180

## OUR INDIVIDUAL MEDICAL INTERVENTION

Sakinah Medical Outreach has been instrumental in providing individual medical interventions to those in need in various parts of Nigeria, through a range of services, including medical treatment, surgical procedures, rehabilitation, and counseling, among others. Our efforts during such interventions typically involve; the identification of patients in need through investigation and screening, and providing medical care through our team of healthcare professionals, which includes doctors, nurses, and therapists. These professionals provide medical treatment, surgical procedures, and other necessary interventions to improve the patient's health. And ensuring access to medication and follow-up care.

Our projects help reduce the cost of medical treatments, increase productivity by helping individuals stay healthy and continue to work, improve quality of life by living healthier lives and avoiding the negative economic impact of poor health, and enhance access to healthcare. In conclusion, charity organizations play a crucial role in providing individual medical interventions to those in need. Their efforts help to improve access to healthcare, reduce morbidity and mortality rates, and improve the quality of life for patients in underserved communities.



## SUMMARY OF APPLICATIONS

In 2023, we received a total of 28 applications from various parts of Nigeria and diligently processed them. Unfortunately, the organization's capacity to impact more lives is severely constrained by a lack of funds. Consequently, only 6 applications were approved for medical intervention, while 10 were declined due to insufficient funds. Tragically, 5 applicants passed away before their applications could be approved. A brief analysis of the application received shows that applications were received from every part of Nigeria. And some of the states the applications were received are; llorin, Lagos, Ogun, Enugu, Kano, Abuja, Delta and Oshogbo. While, the majority of applications processed were within Lagos, llorin, and Abuja because of the ease of accessing quality healthcare services in these regions. The processed applications majorly benefited women and children, most of whom had chronic medical conditions. The table below represents the applications that were processed and applicants that received medical treatments;

	AGE	GENDER	MEDICAL CONDITION	STATUS	COST OF INTERVENTION
Patient 1	63	Female	Coronary Angiogram + Angioplasty	Completed	2,000,000.00
Patient 2	26	Female	Glaucoma	Completed	34,500.00
Patient 3	31	Female	Type one diabetes mellitus and amputation of right lower knee	Completed	750,000.00
Patient 4	25	Female	Glaucoma	Completed	650,000.00
Patient 5	2	Male	Heart Surgery	Completed	4,000,000.00

### MAKE A DIFFERENCE, THROUGH GENEROUS GIVING

Your generosity can go a long way in helping to improve healthcare access and outcomes for those in need. At our medical outreach, we have seen firsthand how generous giving has made a significant impact on the lives of the patients we serve. Thanks to the generous support of our donors, we have been able to expand our medical outreach programs and provide essential healthcare services to underserved communities. With the help of our donors, we have been able to:

- 1. Increase Access to Healthcare: Our medical outreach programs have offered free medical services to those who cannot afford healthcare services.
- 2. Provide Essential Medical Interventions: We've offered our beneficiaries preventative care to diagnostic tests, providing essential medical services to those who need them most.
- 3.Enhance Health Outcomes: Through our medical outreach programs, we have been able to improve the health outcomes of our patients. By offering medical interventions and follow-up care, we have been able to help patients manage chronic conditions. Overall, the generosity of our donors has had a significant impact on our medical outreach programs. We are grateful for their generosity and look forward to continuing to make a difference in the lives of those we serve.

# THANK YOU