

# 2021 ANNUAL REPORT



Together, We Are Touching Lives.

www.sakinahoutreach.org

#### 1. Introduction

"The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition," the World Health Organization (WHO) declared as part of its Constitution in 1946. Almost 70 years after these words were adopted by the organization, they are more powerful and relevant than ever today. As one of the leading health organizations in Nigeria, Sakinah Medical Outreach also believes everyone deserves the right to quality healthcare services, most especially the vulnerable ones. And for over 10 years, we have worked as an organization with poor Nigerians in accessing quality healthcare services. To achieve this, we have designed several medical intervention projects and organized several medical outreach events to reach out to marginalized communities. And at the end of 2021, Sakinah supported over 100 Nigerians with free healthcare services, through its;

- Community Medical Outreach
- Individual Intervention Project

#### 2. Community Medical Outreach

On the 1<sup>st</sup> and 2nd of October 2021, Sakinah Medical Outreach embarked on its annual medical outreach in Kisi Town, Oyo State, in partnership with the Muslim Ummah Hospital, Kisi town. Sakinah's community medical outreach is geared towards improving and promoting basic healthcare practices, creating awareness of health issues, and offering free medical treatment to general health issues to those living in marginalized communities. This is usually carried out through free screening exercises and surgical intervention programs. This outreach benefited 5 communities around the hospital; Igbeti, Sepeteri, Irepo, Atowa, and Kisi.

Here is a summary of our achievements;

102 Individuals Benefited Free Medical Check Up

35 General Surgeries Carried Out; Lipoma & Hernia excision

Eye Surgeries Carried Out; Cataract Surgery & Pterygium Excision **30** Eye Glasses and Eye Drops / Medication Gifted Out

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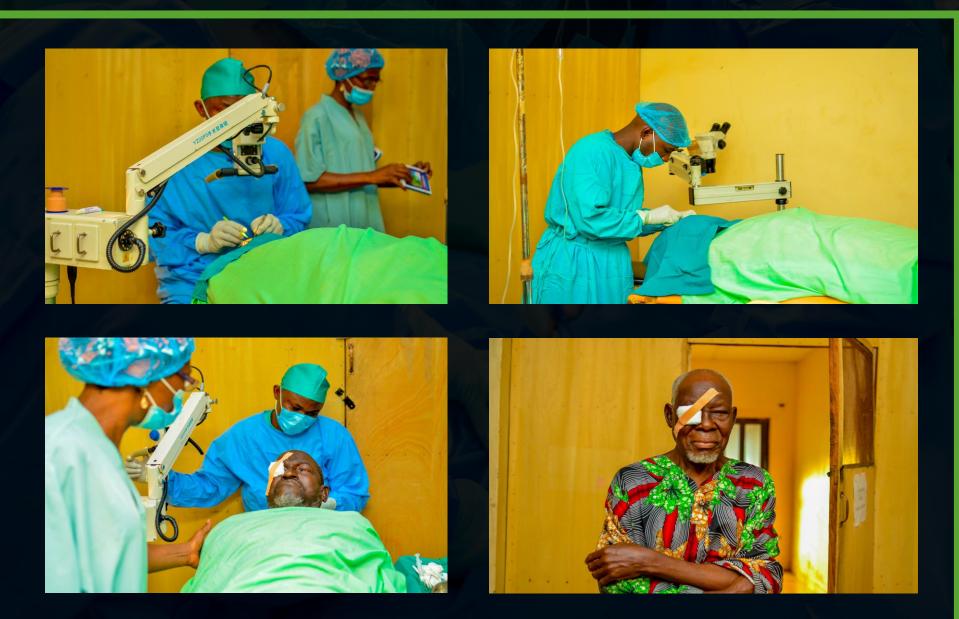
### 3. Pictures from the Event



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#### 3. Individual Intervention Project

Sakinah was able to assist 10 individuals with different medical condition with free quality healthcare services, between January to December 2021. The following are basic information about the beneficiaries. Total Number of applications received: 39

Approved Cases – 10

Pending Cases – 27

Unapproved Cases – 2 (The applicants died before cases were approved)

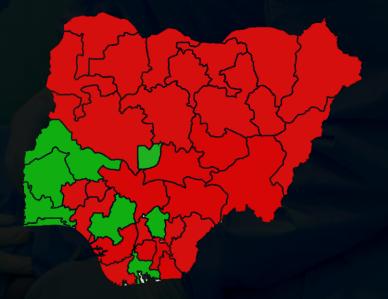
	AGE (years)	GENDER	MEDICAL CONDITION	DURATION	STATUS
Patient 1	20	Male	Fire Burn	Emergency	Completed
Patient 2	26	Female	Appendicitis	6 months	Completed
Patient 3	61	Female	Lump in the brain	4 years	Completed
Patient 4	32	Male	Appendicitis	8 months	Completed
Patient 5	64	Male	Cataract	4 years	Completed
Patient 6	19	Female	Breast Lumps	3 months	Completed
Patient 7	25	Male	Cataract	2 years	Completed
Patient 8	29	Male	Bone Fracture	1 year	Completed
Patient 9	6	Male	Congenital Heart Disease	5 years	Completed
Patient 10	10	Male	Spina Bifida Occulta	5 years	Completed

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#### 4. Summary of Applicants

The Sakinah application form for the individual intervention project is open throughout the year, as such applications are continuously received. Since the beginning of the year 2021, and a total of 39 applications was received across Nigeria, and processed. The figures below show the geographic distribution of the applicants. Sadly, the organization is heavily limited in its ambition to touch more lives due to lack of fund. Therefore, only few applications were approved for medical intervention.

Figure 1: Map of Nigeria Showing Where Applications Were Received From.



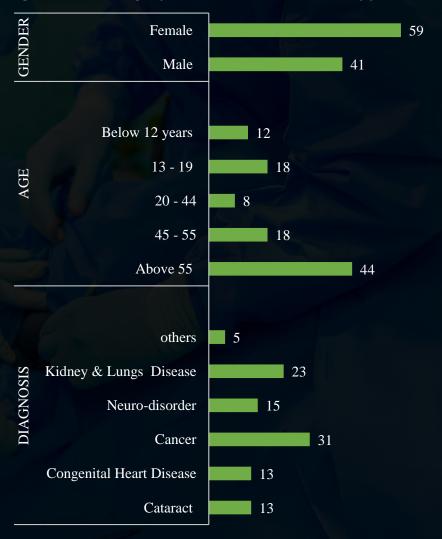
States where applications were received (Lagos, Ogun, Oyo, Kwara, Abuja, Rivers, Edo, and Enugu)

States with no application

#### 5. Impacts

- Demographic Data of Processed Applications figure below is the The demographic representation of applications that was processed from January to December 2021. A total of 39 applications were received and processed. 41.0% were male, while 59% were female. Also, the age of most applicants, 44.0% were old aged (Above 55), followed by 18.0% older adults (20 - 44) and teenagers (13 -19), while the 12.0% were children (Below 12 years). Lastly, the most diagnosed health issue were individuals with cancer (31.0%), followed by kidney and lungs diseases (23.0%), neuro-disorder (15.0%), cataracts, and congenital heart diseases (13.0%), while other health issues (5.0%) include accident victims, appendicitis, hernia, and fibroid.

#### Figure 2: Demographic Data of Processed Applications



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Demographic Data of Treated Cases

below is the demographic The figure representation of approved and treated cases from January to December 2021. A total of 10 cases has been approved, and completed treatments. 70.0% were male, while 30.0% were females. Also, for most individuals, 20.0% were children (below 12) and old-aged (above 55), while 10.0% are older adults (45 - 55) and teenagers (13-19), and 40.0% are young adults (20 - 44). Most cases treated were emergency (40%) which include accident victims, and appendicitis. Also, 30.0% of treated cases were cataracts, followed by 20.0% neuro-disorder and 10.0% congenital heart disease. Lastly, the duration of most ailments 40.0% were less than 1 year, while 20.0% were between 1-5 years and some above 5 years.

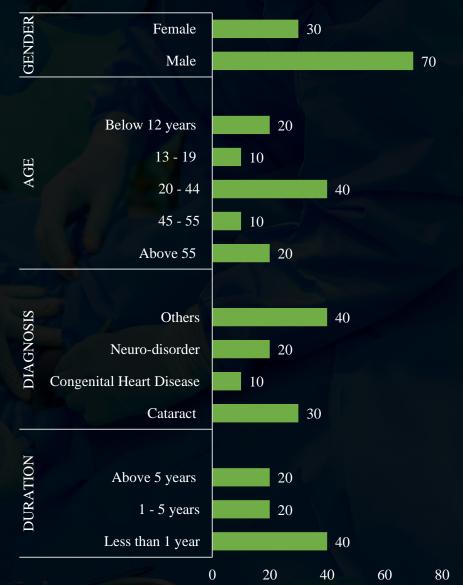


Figure 3: Demographic Data of Surgery Beneficiaries

#### 6. How You Can Help

Help us create a new kind of medical aid organization! Your donation is the fuel that will keep the engine running and by supporting our work financially you are also investing in the Afterlife Bank. May God continue to purify our intentions and bless our efforts, Ameen.

Your donation makes a real difference in the lives of the people we serve. Whether you are an individual, a company, or a foundation, your gift helps us react more quickly to humanitarian and medical needs. However big or little maybe a drop in the ocean, but it's all we need to perform better and be more accountable. So, take an active part in this striving and let us make a difference together. Every little help and Allah will pay it back, if you trust Allah, He will give you back more than you give Him in this cause. Allah will not take away one jot from you, so fund us with the money He has allowed you to have. He alone is our guarantee that you will be reimbursed. Do your part, dig deep, look at what

you have and put some of it in the Afterlife Bank.

Not only will your gift be put to work immediately to save lives, but it will also help Sakinah Medical Outreach a lasting impact and life transformation experiences.

Thank you for your support!

Please consider making a monthly donation.

It allows us to plan and count on your support throughout the year.



## We Need You, To Help Them Your Generosity Is Saving Lives.

General Donations Zakat Payment

Sakinah Medical Outreach Sakinah Medical Outreach 000 3613 555 000 3670 635 JAIZ Bank JAIZ Bank

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