

Together, We Are Touching Lives.

# Annual Activity Report 2020

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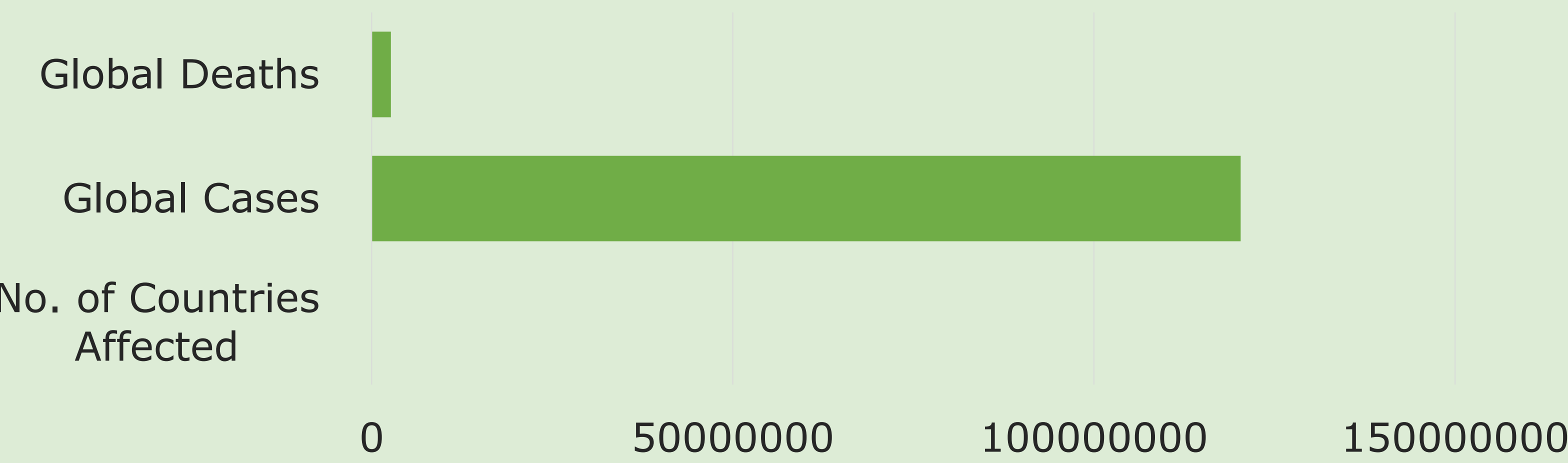
# Introduction





# 1. Introduction

The coronavirus pandemic is the biggest global challenge of our age and it has profound implications on many sectors of the economy, most especially the health sector. Across all countries, cultures and all aspects of our lives. Despite the advancement of science and technology, the pandemic hit the world badly and the deadly virus has left no country out of its sight and grip. Individuals alive today will forever be ‘the COVID-19 Generation’, their lives deeply marked by its impacts. As at March 2021 (when this report was released), the global statistics relating to the COVID-19 epidemic is as follows:



No. of Countries Affected	Global Cases	Global Death
192	120,320.804	2,662,878

To help vulnerable groups and communities badly hit by the COVID-19 pandemic minimize the impact or cope better, Sakinah Medical Outreach joined a coalition of Muslim organizations set up to assist in the fight against COVID-19, with the primary purpose of bringing relief materials to the doorsteps of the population during the lock down and to support Frontline health workers. In addition, Sakinah Medical Outreach provided free medical treatments to many applicants and despite all the odds, 2020 was not all negatives. Sakinah was able to achieve quite a lot.

# About Sakinah Medical Outreach



## 2. About Sakinah Medical Outreach

The Sakinah project was set up by MPAC in 2009 to provide free healthcare services to the less privileged. Within 8 years, it transitioned into a full-fledged incorporated organisation operated professionally by a management that is similarly committed to accountability and transparency.

Over the years, together, we have provided aids and relief to hundreds of poor Nigerians most of whom had little or no hope of such help. None of them are known to you or us personally. These are individuals, Muslims and others, whose fortunes have changed for better- in a split second.

So far more than 90 million naira has been collected as Sadaqat and Zakat and judiciously spent to benefit over 2000 indigent Nigerians for various medical interventions programmes carried out home and abroad. In 2020 alone, over 3 million naira was spent by Sakinah for its individual medical intervention for 11 individuals with chronic health conditions through life-saving surgeries, and on other programs of the organisation.

Sakinah continues to assist both Muslim and non-Muslim Nigerians to attain hope and joy when despair was once the only thing in their lives. We are entirely dedicated to serving humanity; providing HOPE, LOVE & PEACE for the sick and their families.

### 2.1 Our Mission

To be a world-class humanitarian aid organisation providing free quality healthcare services and medical assistance for the indigent members of the community.



## 2.2 Our Services

- Health Advocacy and Training
- Free Healthcare Services
- Community Medical Outreach
- Guidance and Counselling
- Second Opinion Service

## 2.3 Our Achievements

- Over 90 million naira expended
- 2,218 Direct Beneficiaries
- Over 8,000 Indirect Beneficiaries
- 5 Community Medical Outreaches
- 11 years of service to humanity

# 2020 Activities





### 3. 2020 Activities

It is no news that the advent of the pandemic disrupted many activities, including operational activities of organisations like Sakinah. Our annual community medical outreach could not hold in 2020 due to the pandemic, but other activities of the organisation were carried out. A new program was also added to the programs of the organisation for the year, to distribute COVID-19 relief materials to vulnerable members of the community.

Below are the details of 2020 projects by Sakinah;

#### 3.1 COVID-19 Relief Materials for the Needy

In March 2020, at the dawn of the COVID-19 lockdown in Nigeria, Sakinah Medical Outreach joined the Muslim Coalition Against COVID-19, a collaborative initiative of fifty-four Muslim organisations across Nigeria aimed at pulling together the resources of the groups to support the government's efforts to eradicate COVID-19 pandemic in Nigeria.

The purpose of the intervention was to provide medical/health professionals essential medical equipment, PPE and consumables in aid of the patriotic works of the government, at the Federal, state and local government levels. In the relief effort, food and other essentials materials were also provided to vulnerable citizens, Muslims and non-Muslims, in different communities across the country during the period of the lockdown.

The relief materials were distributed, benefiting 2,561 households in 8 locations across the country, namely; Oyo State, Lagos State, Osun State, Rivers State, Kwara State, Gombe State, Ebonyi State, Kano State and Abuja. The relief packages consisted of rice, beans, garri, tomatoes paste and salt. The beneficiaries included widows, orphans, the needy and those living with disabilities. Muslims and non-Muslims.

## 3.2 Individual Medical Intervention Project

Each year, 600,000,000 people from around the world die due to lack of access and lack of affordability of quality healthcare services. Ninety-nine per cent of these deaths occur in low and medium-income countries of the world like Nigeria, according to the World Health Organisation (WHO). The overall impact of this situation is that a lot of people who are in dire need of medical assistance are unable to access and afford such medical care, which may lead to death.

For over a decade, Sakinah Medical Outreach has provided and supported the less privileged with access to free healthcare services through its 'Sakinah Individual Medical Intervention' project, which provides free quality healthcare services to the indigent.

Between January 2020 and December 2020, Sakinah received over 50 applications for medical assistance. Hopefully, we were able to provide our services to more than 25% of the applicants, according to the following statistics relating to our operations:

**Total number of applications received: 53**

**Total number of approved cases: 15**

**Total number of treated cases: 11**

**Total number of cases undergoing treatment: 1**

### i. Summary of Applicants

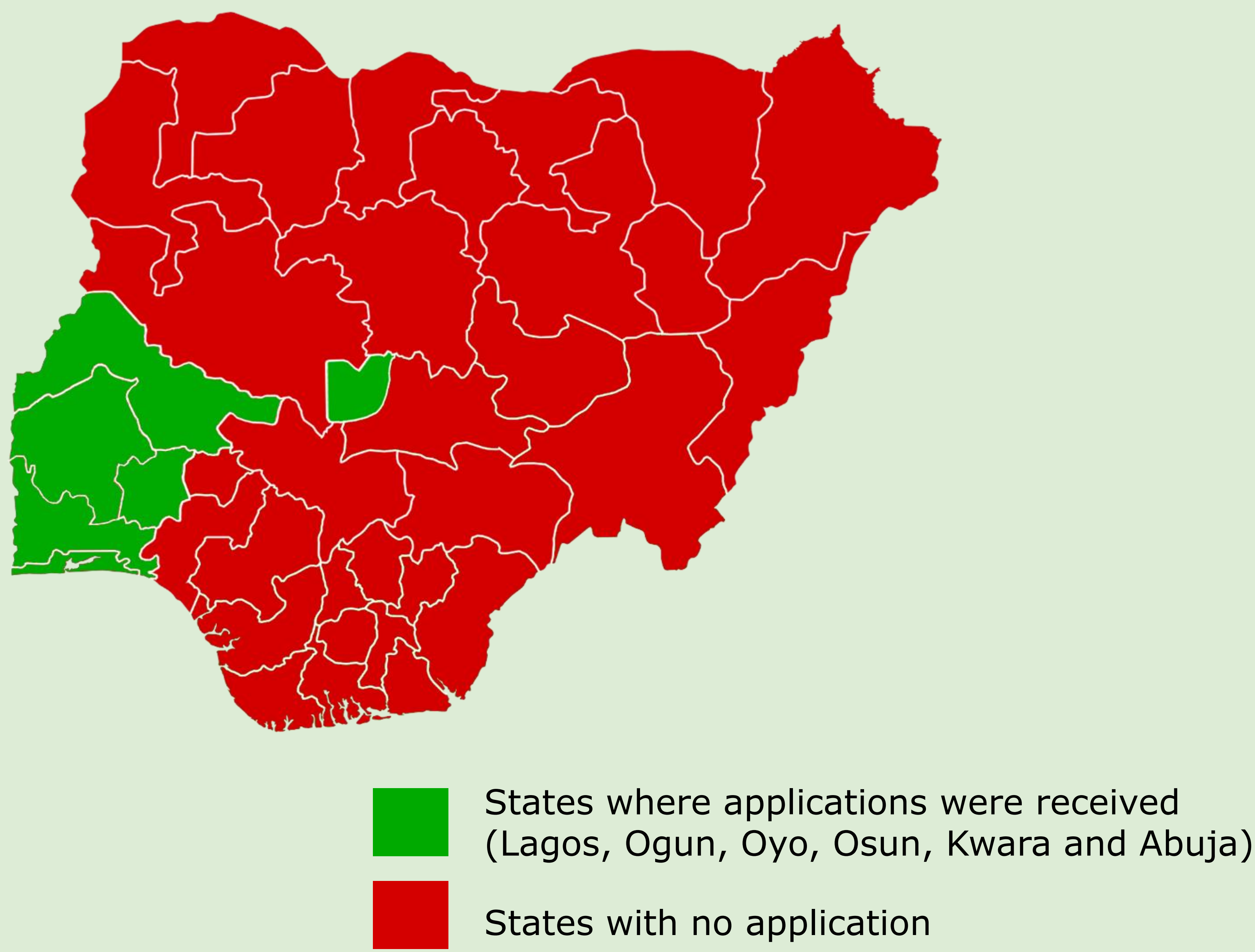
The Sakinah application form for the Sakinah Individual Medical intervention Project is always opened throughout the year, as such applications are continuously received. From the beginning of 2020 till the end, a total of 53 applications were received and processed. The figures below shows the demographic structure of the applicants. Sadly, the organisation is heavily limited in its ambition to touch more lives due to inadequate funding.

The following are the breakdown analysis of applicants;



- **Location**

According to the figure below, most applications come from the South Western part of Nigeria. This is as a result of the location of the organisation, which is in Lagos (one of the south-west state).



- **Gender of Applicants**

Out of the 53 applications that were received, 34 (64.0%) applicants were males and 19 (36.0%) were females. This doesn't necessarily imply that more males have the tendency to apply for medical interventions, than females.

Table 1. Gender of Applicants

Gender	Frequency	Percentage (%)
Male	34	64.0
Female	19	36.0
Total	53	100



- **Age Group of Applicants**

According to the applications received, the age range of most applicants is as follows; 62% were adults, 16.0% were aged, while 13.0% were children, and 9.0% were teenagers.

Table 2: Age Group of Applicants:

Age Group	Frequency	Percentage (%)
Children (1-12)	7	13.0
Teenagers (13-19)	4	9.0
Adult (20-49)	33	62.0
Old Age (above 50)	9	16.0
Total	53	100

- **Diagnosis of Applicants**

According to the applications received, 11 (21.0%) applicants were diagnosed with cancer, 10 (19.0%) had bone disease, 8 (15.0%) with renal diseases, 7 (13.0%) with neurological disorder, 6 (11.0%) with heart diseases, 4 (8.0%) with eye infection and 1 (2.0%) applicant was diagnosed with intestinal disease. Other applicants 6 (11.0%) were categorised under other forms of medical needs like childbirth, fixing a prosthetic leg, buying of drugs etc.

Table 3. Diagnosis of Applicants

Diagnosis	Frequency	Percentage (%)
Cancer	11	21.0
Bone Fractures & Diseases	10	19.0
Heart Diseases	6	11.0
Renal Diseases	8	15.0
Neurological Disorder	7	13.0
Intestinal Disorder	1	2.0
Eye Disease	4	8.0
Others	6	11.0
Total	53	100

- **Duration of Ailments**

From the applications received, 25 (47.0%) applicants had been diagnosed with their sicknesses for less than 1 year, while 22 (42%) applicants had been sick between 1 to 5 years, and only 6 (11.0%) applicants say they have been sick for more than 5 years.

Table 4. Duration of Ailments

Duration	Frequency	Percentage (%)
Less than 1 year	25	47.0
Between 1 – 5 years	22	42.0
Above 5 years	6	11.0
Total	53	100



## ii. Summary of Resolved Cases

1. Name: Zainab Ismail

Age: 15 months old

Religion: Islam

Location: Lagos State

Condition: Congenital Heart Disease

Status: Completed



2. Name: Musiliu Adewunmi

Age: 58 years old

Religion: Islam

Location: Lagos State

Condition: Prostrate Enlargement

Status: Completed



3. Name: Sukayna Aliyu

Age: 15 months old

Religion: Islam

Location: Abuja

Condition: Dandy-Walker

Malformation

Status: Deceased





4. Name: Suliamon Victoria

Age: 38 Years Old

Religion: Islam

Location: Lagos State

Condition: Child Birth Delivery  
(Caesarian Section)

Status: Completed



5. Name: Ademola Omoniyi

Age: 37 Years Old

Religion: Christianity

Location: Ogun State

Condition: Broken Legs

Status: Completed



6. Name: Ahmed Hassan

Age: 31 Years Old

Religion: Islam

Location: Kwara State

Condition: Cancer of the Jaw

Status: Completed





7. Name: Sururah Owonikoko

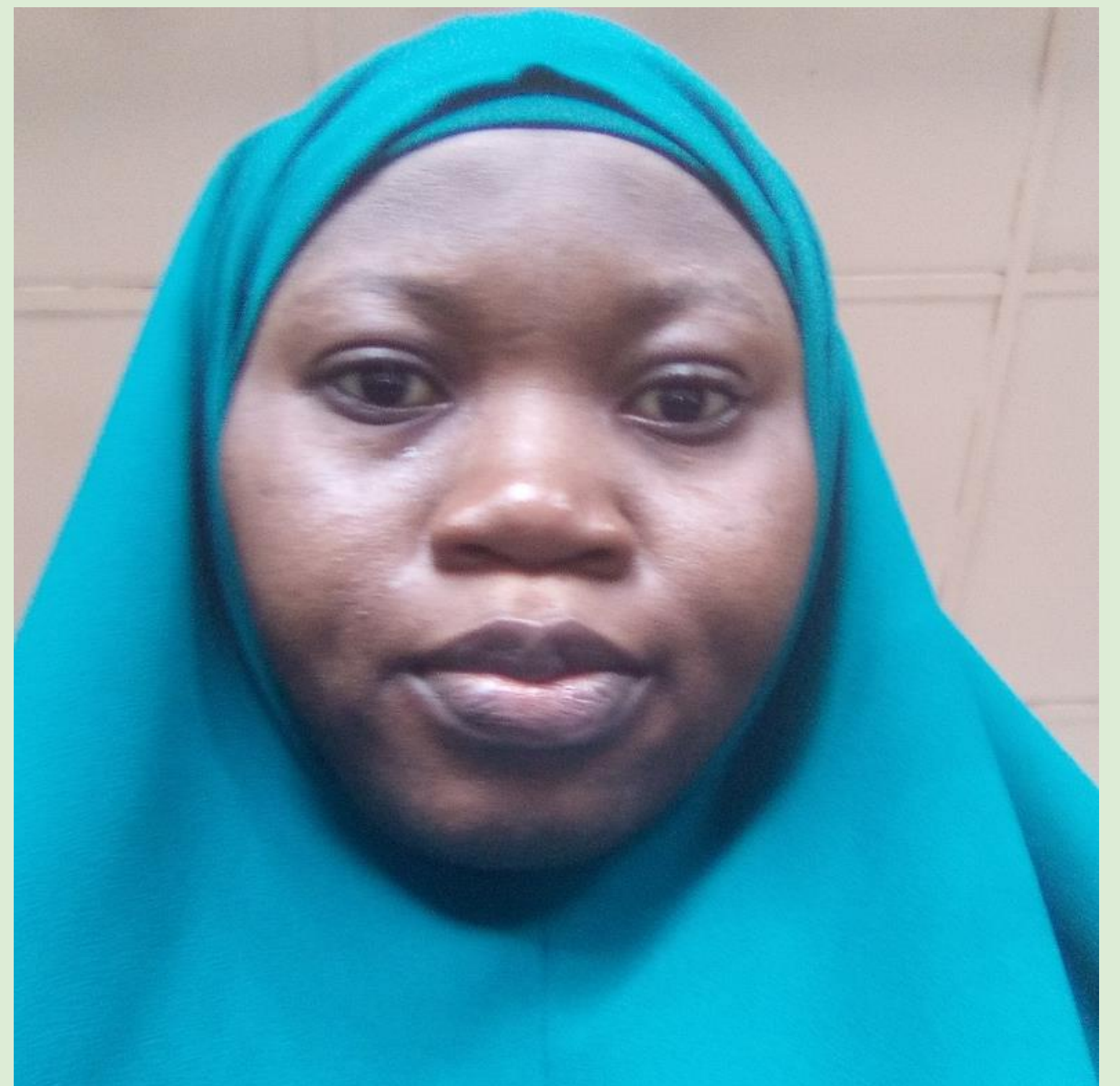
Age: 32 years old

Religion: Islam

Location: Osun State

Condition: Bladder Joined With  
Womb

Status: Completed



8. Name: Shakirat Gafar

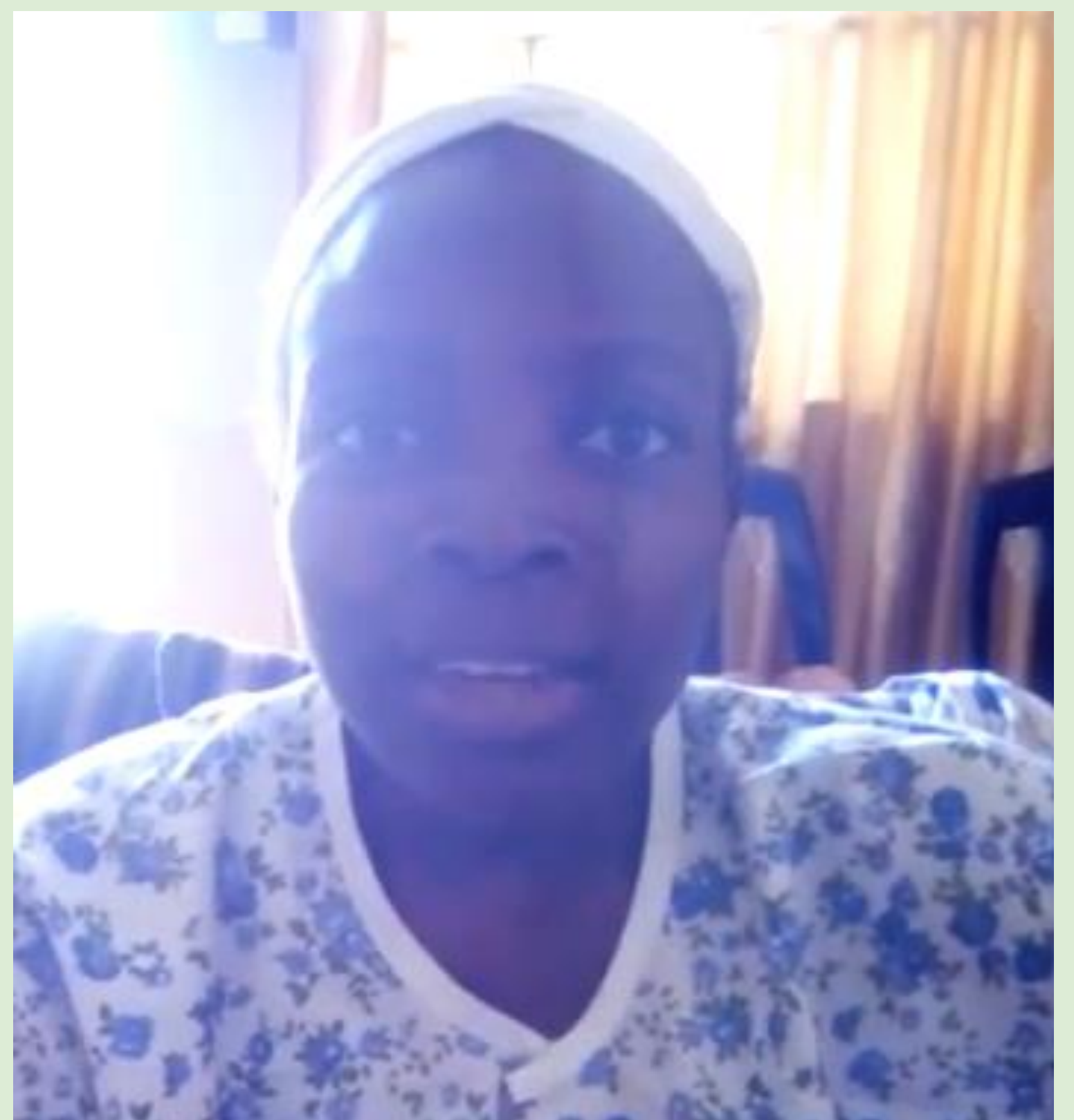
Age: 36 years old

Religion: Islam

Location: Lagos State

Condition: Chronic Fibroid

Status: Completed



9. Name: Badirat Mustafa

Age: 25 years old

Religion: Islam

Location: Oyo State

Condition: Rhinitis

Status: Completed





10. Name: Shukrat Babalola

Age: 25 years old

Religion: Islam

Location: Ogun State

Condition: Amputated Legs

(needed a Prosthetic Leg)

Status: Completed



11. Name: Adegoke Ademola

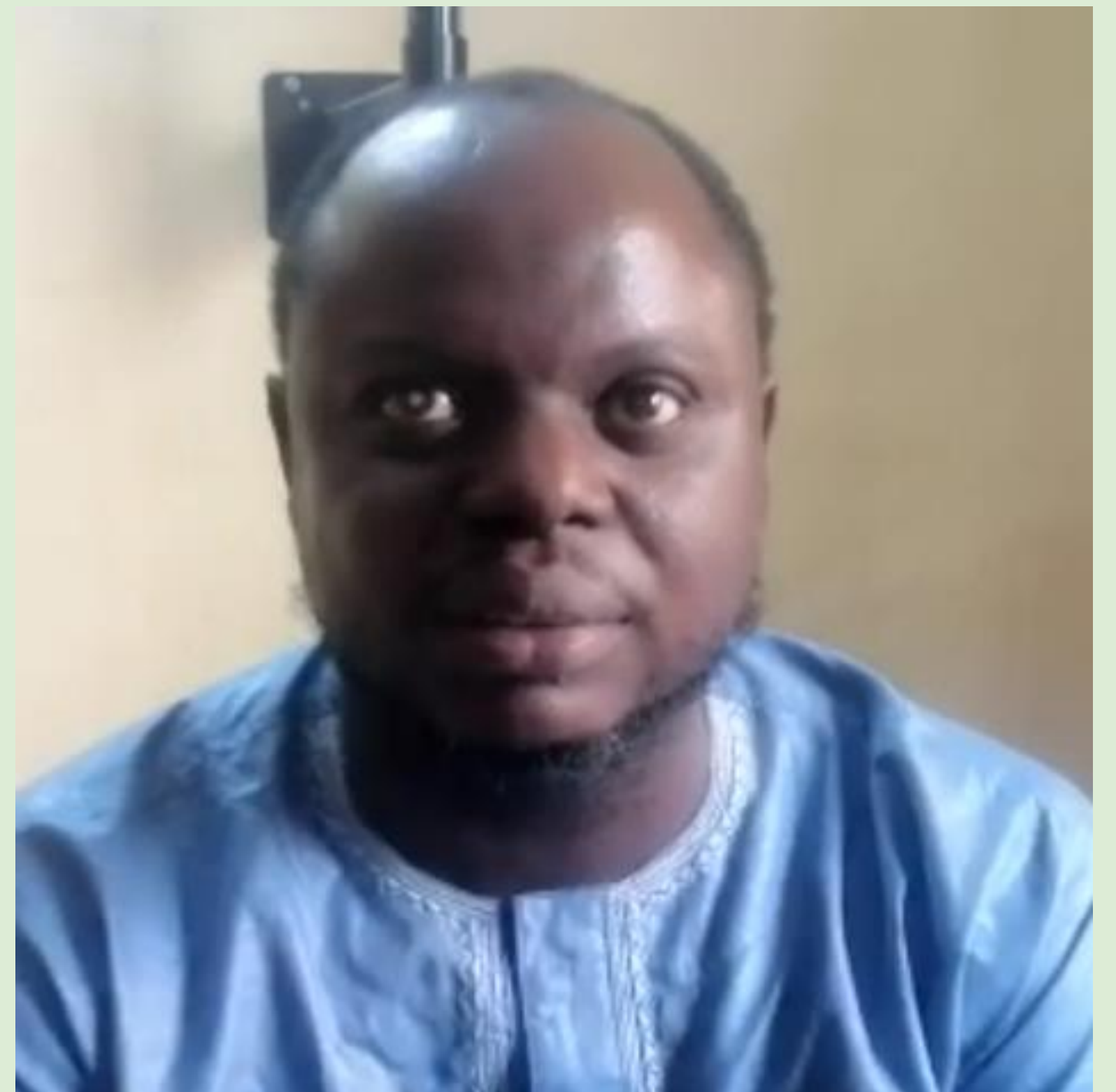
Age: 32 years old

Religion: Islam

Condition: Cataract

Location: Ogun State

Status: Completed



12 Name: Bamidele Mukaila

Age: 62 Years Old

Religion: Islam

Location: Ogun state

Condition: Twisted Ankle

Status: In Progress





### 3.3 Public Health Social Media Campaign

One of the major activities of the organisation is Health Advocacy and Training, mainly carried out by educating the general public virtually (use of Sakinah's social media pages) on some health issues trending in our society, in order to improve both personal and community health practice.

In 2020, the organisation was involved in 4 major health campaigns; Lassa fever, breast cancer, sickle cell disease and coronavirus (COVID-19) awareness. The COVID-19 awareness campaign was the major health campaign of the organisation in 2020, as it was the most devastating health issue due to the pandemic.

#### i. Campaign Activities

The following are the activities for the social media campaign of the organisation in 2020;

##### - **Video Production**

At the inception of the COVID-19 pandemic in Nigeria, Sakinah quickly responded by producing a series of content that could be used both online and offline to create awareness about the disease. This also included video production featuring a member of Sakinah's Management Team, Dr. Prof. Aisha Abubakar where she explained the effects of Coronavirus, its symptoms and precautionary measures to take to curb the spread of the infection.

Other videos produced include; proper handwashing, how to wear a facemask and its importance. A total of 22 videos shared on COVID-19 awareness and other health-related issues for the social media campaign.





### - Poster Designs

A total of 217 posters were designed for social media campaign on different health issues; COVID-19 (143 posters), sickle cell disease (32 posters), Lassa fever (8 posters) and breast cancer awareness (30 posters) and other international holidays on health-related issues like; world health day, world aids day, world cancer day, world breastfeeding week etc.

These posters are designed to create awareness about common health issues through social media.





### - Design and Production of Banners

5 banners were produced and placed in strategic locations (mostly at the entrances of major hospitals) in Lagos State, Niger State and Abuja, creating awareness on COVID-19 and also celebrating health workers with the tag 'Our Frontline Heroes', to show appreciation for their selfless service.

Some of the locations in Lagos include; Gbagada General Hospital, Lagos state University Teaching Hospital, and Federal Medical Centre, Ebute Metta.





### - Public Health Campaign

The public health campaign was tagged, 'Wear a Facemask Challenge', as promoted by the World Health Organisation (WHO), which lasted for a period of 30 days. The goal of the campaign was to encourage the use of facemask and practice of other precautionary measures against the COVID-19 pandemic, which involved the distribution of facemasks to members of the community.

Branded face masks were distributed and pictures taken, to create social media awareness.



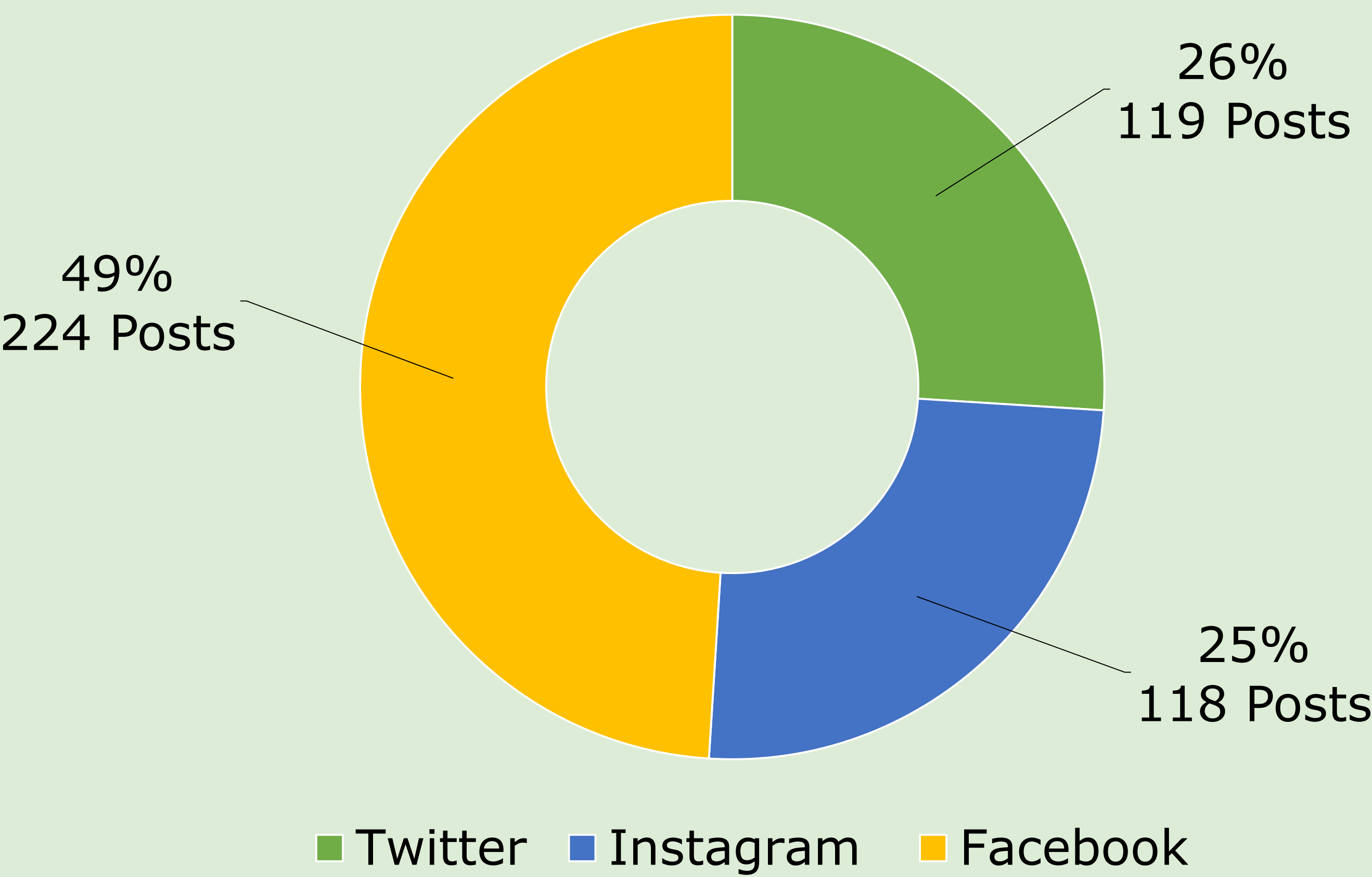


ii. Campaign Achievements

The following are the achievements of the 2020 online campaign on COVID-19 pandemic and other health-related issues;

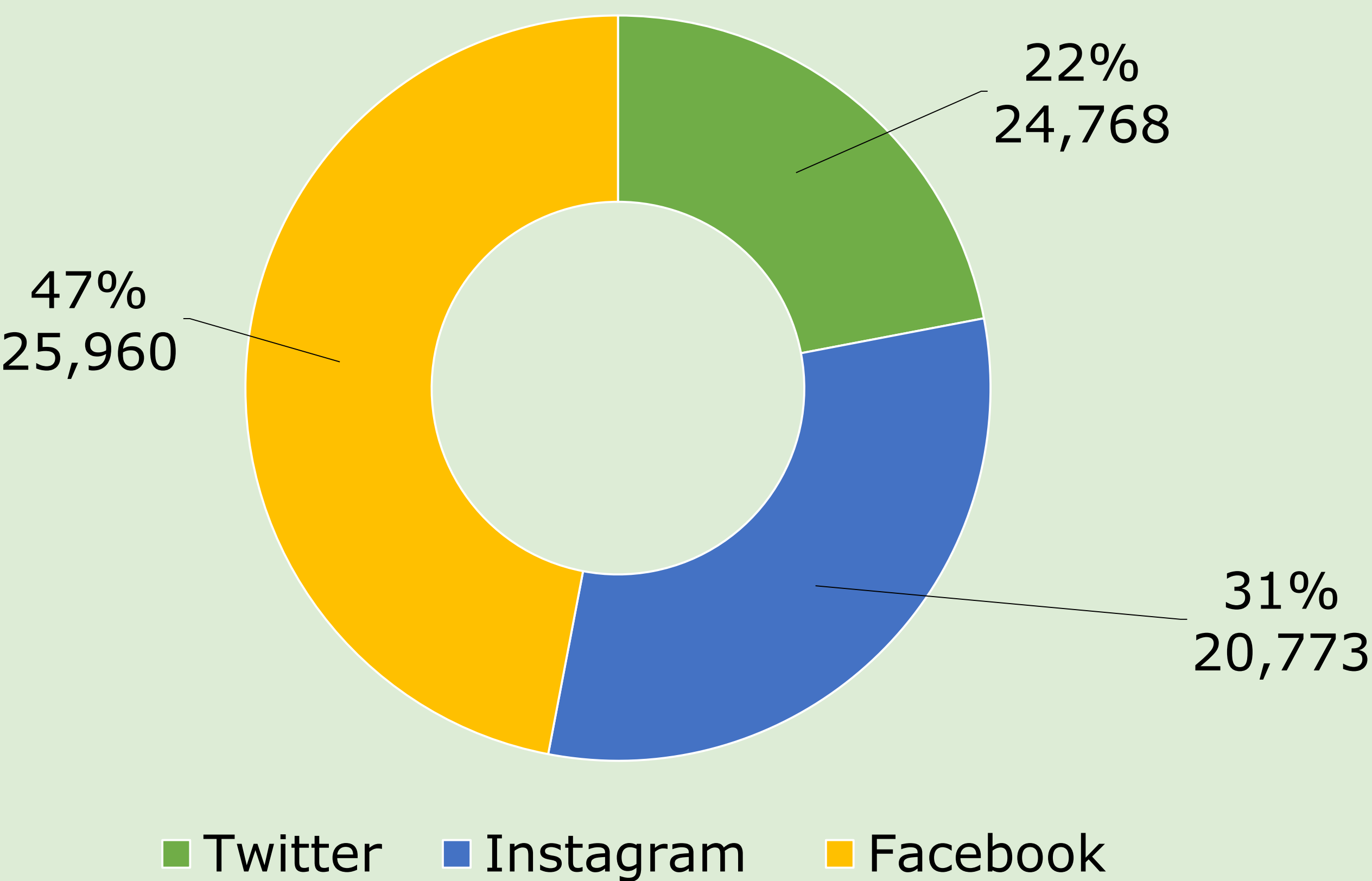
- **Number of Posts Made**

The total number of posts made for the social media campaign on COVID-19 and other health-related matters was 461 posts (this includes posting of both the videos and posters).



- **Number of Post Reach**

The total number of posts reached during the social media campaign in 2020 was 71,501 (i.e over 70,000 people viewed our health related campaign via Twitter, Instagram and Facebook).





# Financial Resources



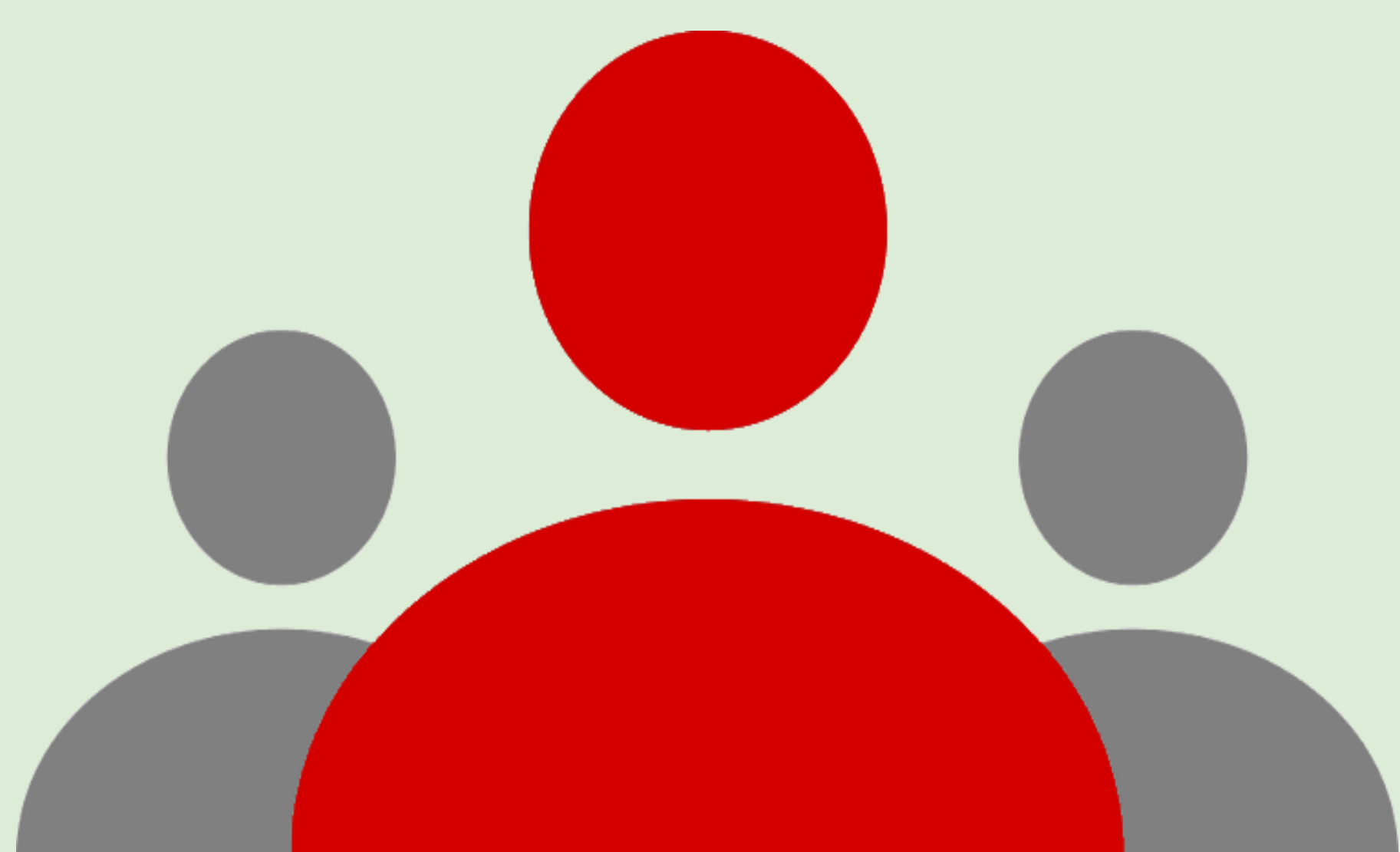
## 4. Financial Resources

Funding is a major integral part in running the organisation, and as such we are engaged with series of fundraiser strategies; online fundraiser campaigns, 'Make A Pledge' campaign, Sakinah's waqf etc., to help fund the projects of the organisation.

### 4.1 Funding Source

Since inception, Sakinah Medical Outreach has solely relied on the generous donations of public-spirited individuals. It has generated its major funding from the sadaqah and zakat of Muslims during the holy month of Ramadan. Though some private organisations have also helped to donate to the cause of the organisation.

Below is an infographic representation of the percentage of funds raised through individual and corporate donations.



**84.5%**  
**Individual**  
**Donations**

**15.5%**  
**Corporate**  
**Donations**





## 4.2 How You Can Help

Help us create a new kind of medical aid organization! Your donation is the fuel that will keep the engine running and by supporting our work financially you are also investing in the Afterlife Bank. May God continue to purify our intentions and bless our efforts, ameen.

Your donation makes a real difference in the lives of the people we serve. Whether you are an individual, a company, or a foundation, your gift helps us react more quickly to humanitarian and medical needs.

However big or little may be a drop in the ocean, but it's all we need to perform better and be more accountable. So, take active part in this striving and let us make a difference together.

Every little helps and Allah will pay it back, if you trust Allah, He will give you back more than you give Him in this cause. Allah will not take away one jot from you, so fund us with the money He has allowed you to have. He alone is our guarantee that you will be reimbursed. Do your part, dig deep, look at what you have and put some of it in the Afterlife Bank.

Not only will your gift be put to work immediately to save lives, it will help Sakinah Medical Outreach a lasting impact and life transformation experiences.

Thank you for your support!

Please consider making a monthly donation.

It allows us to plan ahead and count on your support throughout the year.



Together, We Are Touching Lives.



We Need You, To Help Them  
Your Generosity Is Saving Lives.

General Donations  
Sakinah Medical Outreach  
000 3613 555  
JALZ Bank

Zakat Payment  
Sakinah Medical Outreach  
000 3670 635  
JALZ Bank

  
**Sakinah**  
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