

Together, We Are Touching Lives.



# Sakinah Medical Outreach

## 2019 Impact Report

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# 1. Project Summary

**Title:** Kwara State Medical Intervention Mission, 2019

**Phasing / Date:**

## **Phase 1**

Free Screening Exercise and Medical Check-up

(27th — 31st of August, 2019)

Venue: Okelele, Ajase Ipo and Tsaraji Primary Health centre.

## **Phase 2**

Surgical Mission

(23rd — 27th of September, 2019)

Venue: General Hospital, Ilorin, Kwara state.

**Total Number of Days:** 11 Days

**Names of Community Beneficiaries:**

-Offa	- Kalama	-Okuta	- Omu Aran
-Ilesa	- Sobi	-Oke Ode	- Centre Igboro

**Volunteers:**

Number of Doctors: 20

Number of Nurses: 21

Number of Other Hospital Staff: 41

Number of Supporting Personal: 3

# Project Summary

## Achievements:

Number of Individuals Impacted Directly: 982 people

Number of Cataract Surgery: 134

Number of General Surgery: 574

Number of Gifted Eye Glasses: 250

Number of Eye Drops Dispensed: 250

Number of General Drugs Dispensed: 962

## Partners:

Kwara State Association of Nigeria, North America (KSANG)

Kwara State Government.



## 2. Project Overview

On the 27th of August 2019, Sakinah Medical Outreach embarked on its annual medical outreach, the location this year was Kwara state and this was facilitated by Professor Wale Sulaiman (Special Adviser on Health Matters to the Kwara State Government and member of Sakinah's Advisory Board), in partnership with the Kwara State Association of Nigeria, North America (KSANG) and Kwara State Government.

Sakinah's community medical outreach project is an outreach project geared toward improving and promoting basic healthcare practices, creating awareness of health issues, and offering free medical treatment to general health issues to those living in deprived communities. This is usually carried out through free screening exercises and surgical intervention programs. The Kwara state medical intervention mission was aimed at encouraging good health behaviours and practices, offering medical treatment to minor illnesses, carrying-out surgery procedures to some health cases, and to encourage residents of the state to patronize the health centres when sick, as early as possible.

This community outreach was in two-phase;

### — Phase 1:

**Free Medical Screening Exercise** — This involves the physical examination and running of basic medical tests on people to check the health condition and most especially to listen to the health complaints of residents. This phase lasted for 6 days, from 27th — 31st of August 2019.

### — Phase 2:

**Surgical Mission** — This phase involves the surgical intervention of medical conditions that were identified during the free screening exercise (phase 1). The surgical procedures also lasted for 5 days, from 23rd to 27th September 2019.



# 3. Project Objectives

The major goals of this project to use local infrastructures and collaborations to:

1. Conduct a free screening exercise and medical check-up.
2. Dispense prescribed drugs to patients for free.
3. Provide free medical treatment for minor health issues.
4. Carry out surgery procedures on some major health issues.
5. Advocate and encourage people to visit hospitals for the treatment of various illnesses.



## 4. Project Activities

### — Screening and Medical Check-Up

The free screening exercise / medical check-up commenced on the 27th of August 2019 and ended on the 31st of August 2019. The program involved carrying out basic laboratory tests, physical examination, checking body weight, height, and body mass index (BMI), blood pressure, and sugar level etc. And also offers free screening for HIV, hepatitis, and diabetes.

The exercise which lasted for 6 days was carried out in 3 primary health centres; Okelele, Ajase Ipo, and Tsaraji Primary Health Centres, benefiting 8 neighbouring communities; Offa, Omu Aran, Kalama, Okuta, Ilesa, Centre Igboro, Sobi, and Oke Ode. More than 900 people were screened.

### — Free Eye Screening

Eye screening and check -up was also carried out during this outreach and more than 100 people turned out for these screenings, and a total of 250 glasses was given out for free, 250 eye drops were dispensed also and 134 cataract and pterygium surgeries were carried out.

### — Drugs Dispensation

During the phase 1, minor ailments like malaria, cold and catarrh, fever among many others were treated by prescribing drugs for use by consulting doctors. About 962 individuals benefited from the various kinds of drugs that were dispensed.

# Project Activities

## — Surgical Mission

This phase which commenced on the 23rd of September and ended on 27th of the same month witnessed 134 cataract surgeries and 574 general surgeries, making a total of 712 surgeries that were carried out on various medical conditions among the young and old, men, and women. All the people were made to go through both the Pre-test and Post-test counselling routines, before and after the surgeries.

Various ailments and conditions such as; dental issues, eye problems, hernia, lipomas, strokes, arthritis and other diverse forms of medical conditions requiring surgeries/operations were managed professionally. At the end of each procedure, post-medical ancillary services were also provided.

## — Other Services during the Outreach

To encourage people to come for the screening, banners and radio jingles were made and social media awareness was of great use as well.





## 5. Resources

### — Hospital Facility

Okelele, Ajase Ipo and Tsaraji Primary Health Centres were used for the free screening exercise, while the General hospital, Ilorin, Kwara state was used as the venue for the surgical procedure for this project. The new twin theatre was used for surgery and ward 8 of the same institute was used as a recovery unit for the patients.

### — Human Resources

A medical team led by Dr Salma Yusuf was in charge of this medical mission. The medical team includes several doctors, nurses, theatre staff and other hospitals administrative staff (like cooks, cleaners, securities etc.).

Other people involved were the pressmen, videographer, and photographer. Community representatives were also used in the mobilization of people.

### — Material Resources

Some medical equipment used during this outreach was provided by the hospitals used at the venues during this medical mission, and others were purchased. Some personal medical equipment, owned by members of the medical team, was also used. Some of these medical equipment used includes; BP apparatus, stethoscope, thermometers, sphygmomanometer, weighing scale, sterile instruments etc. Other basic medical materials like hand sanitizers, hand gloves, masks were also purchased and provided.

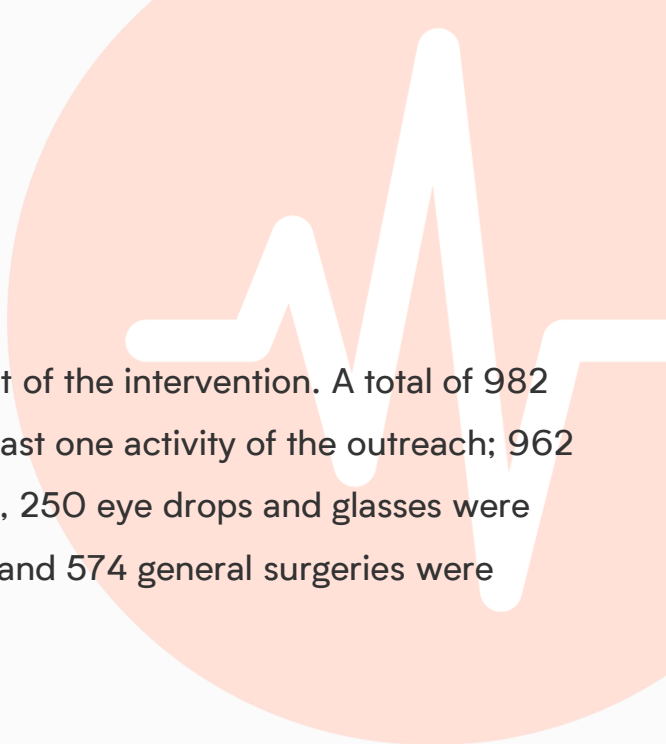
Materials used for eye screening and surgery were acquired by the same means.

# Resources

## — Drugs

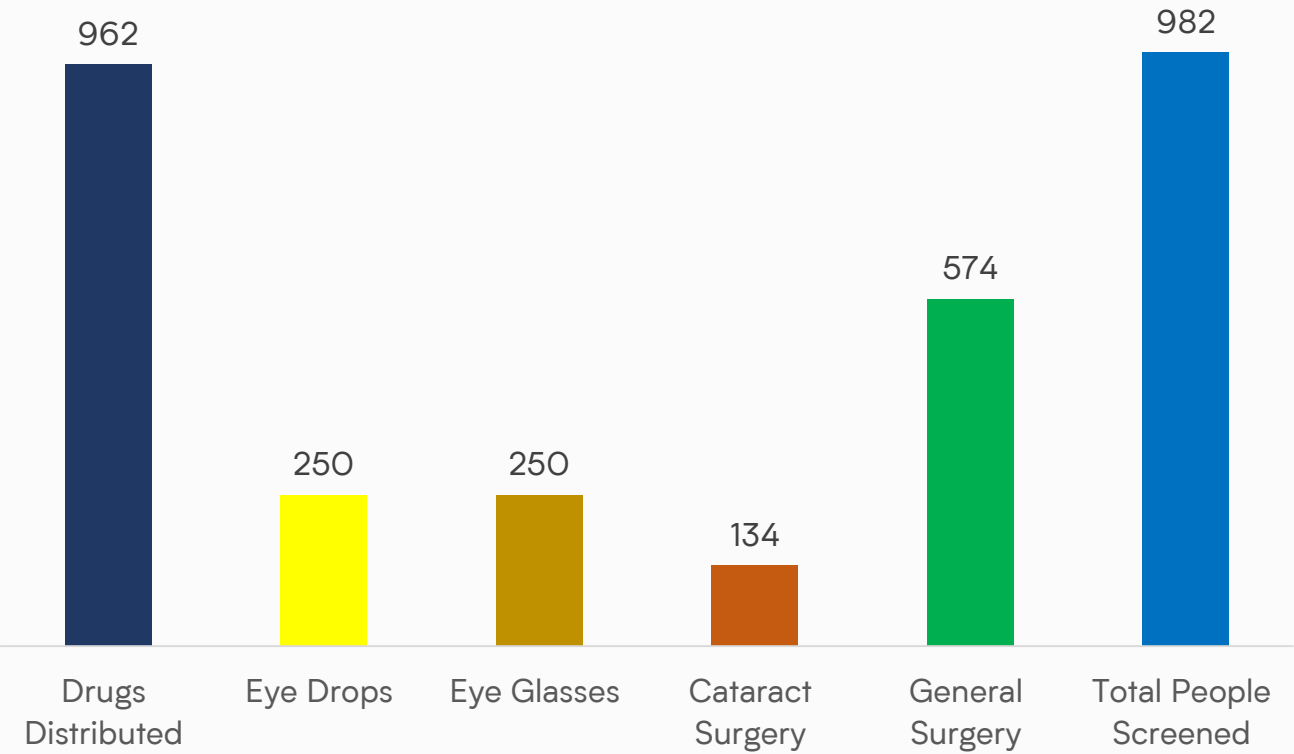
Several drugs meant for minor and major illness were sourced locally, purchased and made available at the screening venues (Primary health centres) and the General hospital, Ilorin, Kwara state. Eye drugs, drops and glasses were also sourced locally, purchased and made available at these venues.





# 6. Impact

The figure below represents the achievement of the intervention. A total of 982 individuals were directly impacted from at least one activity of the outreach; 962 individuals benefit from the drugs dispensed, 250 eye drops and glasses were given out, 134 cataract surgeries were done and 574 general surgeries were carried out.



## 7. Conclusion

The Kwara state medical intervention mission can be rated among one of the most successful projects of the organisation based on the coverage, supplies, personnel, drug supply, the number of patients covered and number of surgeries done. We were able to consult and screened more than 900 individuals, for hepatitis, HIV, diabetes, hypertension and other ailments. And 134 cataract surgeries and 574 general surgeries of different medical conditions were done.







# 8. Appendices

## Appendix I: Summary of Volunteers

1 . Doctors	20
2 . Nurses	21
3 . Pharmacist	6
4 . Laboratory Scientist	5
6 . Eye Staff	3
7 . Other Staff	7
Total	62

## Appendix II: Common Health Conditions Encountered and Treated

- Hypertension	- Diabetes Mellitus	- Osteoarthritis
- Appendicitis	- Anaemia	- Malaria
- Peptic Ulcer Disease	- Typhoid	- Hernia
- Respiratory tract infections	- Prolapse	- Infections
- Menstrual irregularities	- Lipoma	- UTI
- Parasitic infestations	- Hydroceles	- Fibroid

Appendix III: Pictures from the Event



Registration Area



Sample Collection Tent (For Lab)



Doctor's Consultation



Drug Dispensation Unit



Surgical Procedure



Free Eye Screening Area



Together, We Are Touching Lives.



**We Need You, To Help Them**  
**Your Generosity Is Saving Lives.**

**General Donations**  
Sakinah Medical Outreach  
000 3613 555  
JAIZ Bank

**Zakat Payment**  
Sakinah Medical Outreach  
000 3670 635  
JAIZ Bank

  
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